UBC REC | CAMPS GUIDE

APRIL - AUGUST 2017 • YOUTH AGES 2 - 18

Featuring:
Programs coached by UBC Thunderbirds Varsity Coaches

camps.ubc.ca
WELCOME! All kids should experience the positive benefits of recreation and the opportunity to build confidence, social, and life skills through our tailored camps programming. UBC Point Grey campus offers the University community an extraordinary experience for youth to be active and participate in sport, adventure, art, and enrichment programming in a fun learning environment. Choose from rowing, hockey, swimming, tennis, and many other activities. Residents of the University Neighbourhoods Association and UTOWN are encouraged to take part in many of these programs and facilities through discounted rates.

Recreation Contacts

UBC Camps

New Headquarters (OPENING JUNE 1, 2017)
National Soccer Development Centre
3055 Wesbrook Mall
Vancouver BC, V6T 1Z3
604.822.1540
ubc.camps@ubc.ca

BirdCoop Fitness Centre
604.822.6924
birdcoop.fitnesscentre@ubc.ca

Doug Mitchell Thunderbird Sports Centre
604.822.6121
ice.rink@ubc.ca

John M.S. Lecky UBC Boathouse
604.827.2011
programs.ubcboathouse@ubc.ca

UBC Student Recreation Centre (SRC)
604.822.6000
src.operations@ubc.ca

NEW UBC Aquatic Centre
604.822.4501
aquatic.centre@ubc.ca

UBC Tennis Centre
604.822.2505
tennis.centre@ubc.ca

UBC Baseball Indoor Training Centre
604.822.5770
itc.info@ubc.ca

Camps Satellite Office (limited hours)
6160 Thunderbird Boulevard
Vancouver, BC, V6T 1Z3
604.822.1540
ubc.camps@ubc.ca

UBC Recreation publishes program guides three times a year around the following terms:

Winter Term: January-April programming
Spring/Summer Term: May-August programming
Fall Term: September-December programming

facebook.com/UBCCamps  @ubccamps
Plan Your Summer with UBC Camps

1. Select your dates.
2. Select your camps, noting course IDs.
3. Add lunch supervision if not provided by your chosen camps.
4. Consider whether you need before or after care.
5. Register!

UBC Camps Policies

Course & Program Cancellation
UBC Recreation reserves the right to cancel any program due to low registration, unforeseen circumstances or conditions that make any such activity unsafe. Notice to participants will occur immediately after the registration/course cancellation deadline.

UBC Camps program course updates, including cancellations, are made at a minimum of 7 days in advance of program start dates; also the point at which parents/participants will be informed.

Refunds
For UBC Recreation Programs, partial refunds are only granted for: 1) Medical conditions which prevent the user from participating in a course or activity, or 2) for the unused portion of programs, classes and memberships before the expiry date. Participants will be required to fill out a refund request form and must provide medical documentation from a licensed physician. Notes must be received within one week from the date of injury/illness. All granted refunds are subject to an admin fee.

For Camps program registration, a full refund or credit will be granted for a program that is cancelled by camp administration. In this case, no administration fee will be charged and the balance in full will be refunded or remain on the account.

For Camps program registration, all withdrawals and refund requests will be subject to the admin fee:
Programs < $50: $5.00
Programs $50 < $100: $10.00
Programs over > $100: $25.00

Refunds will be made in the same form as the payment received. Note: withdrawals and refund requests are not accepted one week prior to scheduled start date.

UBC Staff/Faculty Rate
To be eligible for staff/faculty rates and associated access, staff/faculty must:

• Be a current staff or faculty member
• Provide a proof of staff/faculty status (e.g. a valid UBC Staff/Faculty Card)

Community Service Card (CSC) & UNA Rate Policy
The Campus Community Rate (CCR) was developed to cater to those living on UBC campus. To be eligible for CCR rates and associated facility access, each resident must:

• Currently reside in a University Neighbourhoods Association (UNA), CSC, or Utown affiliated residence.
• Only one discounted rate is available per card—each person must present their own individual valid card to claim the discounted rate.
• UNA parent(s)/guardian(s) may register more than one child per adult card
• Card must be presented in-person at the time of registration to receive discounted rate.

Methods of Payment
UBC Recreation accepts Visa, MasterCard, Interac, and cash. When paying online, only Visa and MasterCard are accepted.

UBC Recreation Code of Conduct

The UBC Recreation Code of Conduct is intended to identify the general standards of conduct for all UBC Athletics and Recreation staff, participants, and spectators. It is the responsibility of all parties to familiarize themselves with, and understand their obligation to the code of conduct.

Individuals are expected to:
• Treat themselves, staff, spectators, and other participants with respect. Bullying, threatening and harassing behavior will not be tolerated.
• Promote an inclusive environment in which differences are valued.
• Conduct themselves in a safe manner and avoid causing harm to anyone. Neither participation under the influence of drugs or alcohol nor possession of weapons, drugs, and other illegal or banned items will be tolerated.
• Be fair, forthright and courteous in relation to others. Misrepresenting oneself will not be tolerated.
• Respect all UBC property and the property of others.
• Follow all UBC Recreation policies and procedures.
• Seek direction if there is a question about compliance with UBC Recreation policies.

Any behavior deemed to violate the Code of Conduct can lead to removal, suspension, termination of privileges or any other penalty as deemed appropriate. The breach of UBC Recreation’s Code of Conduct will be investigated fairly and without bias. Refunds will not be given for loss of privileges due to breach of Code of Conduct.

Look for this badge to find Varsity Coached Camps.
Learn to Swim at the NEW UBC Aquatic Centre

Red Cross Swim Lessons Available All Spring & Summer

Red Cross swim programs feature research-based water safety techniques that are recognized world-wide. The UBC Aquatic Centre’s trained instructors teach swimmers Red Cross skills that promote health and encourage life-long sport participation.

Red Cross Parent & Tot and Preschool Lessons
6 months – 5 years

Red Cross Swim Parent & Tot and Preschool is an 8 level stand-alone program for 6 months to 5 year-old children that allows swimmers to enter various levels based on age and ability.

Red Cross Swim Kids Swim Lessons
5 – 12 years

Red Cross Swim Kids is a 10 level stand-alone program for 5 to 12 year-old children. Children learn to swim, be fit, and stay safe in a fun environment that promotes achieving a personal best and celebrates personal success.

Visit recreation.ubc.ca/aquatics for more info and to download detailed program listings, or pick up a hardcopy in person.

UBC Aquatic Centre | 6080 Student Union Blvd. | Vancouver, V6T 1Z1 | 604.822.4501
HOW TO REGISTER

REGISTRATION:

1. Visit camps.ubc.ca
2. Find your camp(s).
3. Follow the “Register” link to our secure online registration portal. If registering for multiple camps at the same time add them to your cart by searching their course ID.
4. Follow the prompts to complete your registration (and online consent form if applicable).

Online
camps.ubc.ca

In Person

New UBC Camps HQ
OPENING JUNE 1, 2017
3055 Wesbrook Mall

SATELLITE OFFICE
(limited hours)
6160 Thunderbird Blvd.

1. Visit UBC Camps Headquarters from Monday to Friday, 9:00 AM to 4:30 PM. Please be advised, we are moving to a new office in late Spring 2017. Subscribe to our newsletter for updates!
2. In-person payments can be made by Visa, Debit, Mastercard, or cash.

CONSENT FORMS:

UBC Athletics & Recreation Run Camps:
When you complete registration online, your consent form will be completed at the time of registration.

When registering in person, you will be asked to sign and complete your camp-specific consent form.

Any additional or third party consent forms will be sent to you in your pre-camp e-mail and should be brought with you on your first day of camp. OR a scanned copy of the third party form(s) can be emailed to ubc.camps@ubc.ca or dropped off in-person.

We strongly recommend these consent forms be completed prior to the first day of camp.

UBC Athletics & Recreation Camps Run in Partnership:
When you complete your registration online for these camps, you will need to fill out a separate third party consent form. Third party consent forms can be found on our website, and a scanned copy of the form(s) emailed to ubc.camps@ubc.ca or dropped off in-person.

If you registered for an Adventures Abound, Adventure Add-on, or select Enrichment camps there will be additional third party consent forms. These additional consent forms will be sent in your pre-camp e-mail.

We strongly recommend these consent forms be completed prior to the first day of camp.

Medical Information & Allergies
At the time of registration, please notify us of any medical conditions or allergies. All UBC Camps instructors and volunteers are first-aid certified. Additionally, the UBC Hospital is located near all on-campus facilities and provides complete first-aid and medical services.

Exceptionalities & Behaviour - NEW
UBC Camps works hard to provide an inclusive and accommodating camp experience. Let us know how we can best support your child by filling out the online Exceptionalities & Behaviour Form, located at www.camps.ubc.ca/exceptionalities.

Authorized Sign-Out
The authorized pick up name(s) you provide at the time of registration are the only individuals who will be able to pick up your camper at the end of each day! Ensuring your list of authorized pick up name(s) is accurate prior to the start of camp will ensure a smooth sign-out process each day.

PLEASE NOTE THAT UBC CAMPS NO LONGER ACCEPTS REGISTRATION BY FAX OR MAIL.
Adventures Abound

Adrenaline Junkies
This camp is for the serious thrill-seekers! Join us in ziptrekking across Grouse Mountain, spend an afternoon at Extreme Air Trampoline Park, experience Playland’s newest rides and more! Dare to experience a week of adrenaline packed fun.

Ages 13 – 17 | Tennis Bubble Alley | $560.00
Jul 31 – Aug 04 9:00 AM – 5:00 PM 19292
Aug 14 – Aug 18 9:00 AM – 5:00 PM 19291

Super Soakers
Super Soakers is a water-tastic adventure! Try dragon boating, kayaking, and stand-up paddleboarding! This camp is designed for those wishing to enjoy all the water-based fun that summer has to offer. No sessions on statutory holidays, reduced rates apply.

Ages 9 – 13 | Tennis Bubble Alley | $415.00
Jul 10 – Jul 14 9:00 AM – 5:00 PM 19279
Jul 17 – Jul 21 9:00 AM – 5:00 PM 19278
Jul 31 – Aug 04 9:00 AM – 5:00 PM 19280
Aug 08 – Aug 11 9:00 AM – 5:00 PM 19282
Aug 21 – Aug 25 9:00 AM – 5:00 PM 19281

Ultimate Adventure
Experience outdoor rock climbing in beautiful Squamish, challenge yourself with UBC’s Ropes Course, and enjoy a day at Big Splash Waterpark. Our Ultimate Adventure Camp is an experience your child will not easily forget! No sessions on statutory holidays, reduced rates apply.

Ages 11 – 15 | Tennis Bubble Alley | $415.00
Jul 04 – Jul 07 9:00 AM – 5:00 PM 19287
Jul 10 – Jul 14 9:00 AM – 5:00 PM 19284
Jul 24 – Jul 28 9:00 AM – 5:00 PM 19285
Aug 08 – Aug 11 9:00 AM – 5:00 PM 19280
Aug 14 – Aug 18 9:00 AM – 5:00 PM 19286
Aug 28 – Sep 01 9:00 AM – 5:00 PM 19288

Storm the Campus – Game Play
Spend an afternoon playing group games designed to encourage enjoyment of physical activity, and further support social skills and physical literacy! This high energy camp will support younger audiences in learning fair play practices. No sessions on statutory holidays, reduced rates apply.

Ages 5 – 8 | New UBC Camps HQ | $155.00
Jul 04 – Jul 07 1:00 PM – 4:00 PM 20570
Jul 17 – Jul 21 1:00 PM – 4:00 PM 20571
Jul 31 – Aug 04 1:00 PM – 4:00 PM 20572
Aug 08 – Aug 11 1:00 PM – 4:00 PM 20573
Aug 21 – Aug 25 1:00 PM – 4:00 PM 20574

Storm the Campus – Recreation Rally
This sampler camp is a great way to experience UBC’s recreation facilities. Enjoy tennis, baseball, skating, swimming, and fitness games! Bring a friend or meet new ones in this action packed afternoon camp. No sessions on statutory holidays, reduced rates apply.

Ages 8 – 12 | New UBC Camps HQ | $155.00
Jul 04 – Jul 07 1:00 PM – 4:00 PM 20575
Jul 10 – Jul 14 1:00 PM – 4:00 PM 20576
Jul 17 – Jul 21 1:00 PM – 4:00 PM 20577
Jul 24 – Jul 28 1:00 PM – 4:00 PM 20578
Jul 31 – Aug 04 1:00 PM – 4:00 PM 20579
Aug 08 – Aug 11 1:00 PM – 4:00 PM 20580
Aug 21 – Aug 25 1:00 PM – 4:00 PM 20581

Hike BC
This program will include the opportunity to complete a local hike each day. Look forward to beautiful scenery, an opportunity to connect with friends, and amazing views! No sessions on statutory holidays, reduced rates apply.

Ages 13 – 18
John M.S. Lecky UBC Boathouse | $632.50
Jul 04 – Jul 07 9:00 AM – 4:00 PM 20537
Jul 17 – Jul 21 9:00 AM – 4:00 PM 20538
Jul 31 – Aug 04 9:00 AM – 4:00 PM 20539
Aug 14 – Aug 18 9:00 AM – 4:00 PM 20540
Aug 28 – Sep 01 9:00 AM – 4:00 PM 20541

POPULAR PAIRINGS

Storm the Campus + Swim N’ Splash

Summer 2017 | camps.ubc.ca | 604.822.1540
Adventure Camps

5
★ Storm the Campus – Exploring Nature

Explore the outdoors with UBC Camps! This camp is designed to encourage exploration of nature’s diversity through play and guided observation. We will be visiting both on-campus attractions and nearby parks.

**Ages 5 – 8 | New UBC Camps HQ | $155.00**

<p>| | | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 10 – Jul 14</td>
<td>9:00 AM – 12:00 PM</td>
<td>20501</td>
<td>1:00 PM – 4:00 PM</td>
<td>20502</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>9:00 AM – 12:00 PM</td>
<td>20503</td>
<td>1:00 PM – 4:00 PM</td>
<td>20504</td>
</tr>
<tr>
<td>Jul 31 – Aug 04</td>
<td>1:00 PM – 4:00 PM</td>
<td>20506</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aug 14 – Aug 18</td>
<td>9:00 AM – 12:00 PM</td>
<td>20507</td>
<td>1:00 PM – 4:00 PM</td>
<td>20511</td>
</tr>
<tr>
<td>Aug 28 – Sep 01</td>
<td>9:00 AM – 12:00 PM</td>
<td>20513</td>
<td>1:00 PM – 4:00 PM</td>
<td>20514</td>
</tr>
</tbody>
</table>

★ Storm the City

With off-campus activities like rock climbing, laser tag, and visits to Science World, this camp is sure to keep your camper engaged all morning! No sessions on statutory holidays, reduced rates apply.

**MORNING**

**Ages 8 – 10 | Tennis Bubble Alley | $178.00**

<p>| | | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 04 – Jul 07</td>
<td>9:00 AM – 12:00 PM</td>
<td>19305</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jul 31 – Aug 04</td>
<td>9:00 AM – 12:00 PM</td>
<td>19307</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aug 28 – Sep 01</td>
<td>9:00 AM – 12:00 PM</td>
<td>19309</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

★ Explore Richmond

This program will provide participants an opportunity to engage in activities such as biking, indoor beach volleyball, curling, archery tag, and swimming. Each day will be different, so come prepared to try something new! Lunch supervision included. No sessions on statutory holidays, reduced rates apply.

**Ages 11 – 14 | John M.S. Lecky UBC Boathouse | $252.00**

<p>| | | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Jun 26 – Jun 30</td>
<td>12:00 PM – 3:00 PM</td>
<td>20532</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

★ Ropes Course Weekly Camp

Provided by: Pacific Adventure Learning

FUN interactive activities and games that focus on teambuilding, leadership and communication. Group challenges start on or low to the ground and as the group dynamic builds we safely progress high up into our tree obstacles such as Giant’s Ladder, Swinging Steps, Giant Swing and Zipline! No sessions on statutory holidays, reduced rates apply.

**Ages 8 – 14 | UBC Ropes Course | $215.60**

<p>| | | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 04 – Jul 07</td>
<td>1:00 PM – 4:00 PM</td>
<td>19562</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jul 10 – Jul 14</td>
<td>9:00 AM – 12:00 PM</td>
<td>19563</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jul 17 – Jul 21</td>
<td>1:00 PM – 4:00 PM</td>
<td>19564</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>1:00 PM – 4:00 PM</td>
<td>19565</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jul 31 – Aug 04</td>
<td>9:00 AM – 12:00 PM</td>
<td>19566</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aug 08 – Aug 11</td>
<td>1:00 PM – 4:00 PM</td>
<td>19567</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aug 14 – Aug 18</td>
<td>9:00 AM – 12:00 PM</td>
<td>19568</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aug 21 – Aug 25</td>
<td>9:00 AM – 12:00 PM</td>
<td>19569</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
The new UBC Aquatic Centre, located at the heart of UBC campus, is now open! Summer is our busiest season, where we offer more lessons including Red Cross modeled progression swim programs. Pick up a copy of a detailed program listing at the Aquatic Centre front desk or download a printable version from our website.

Beginner (6 months–5 years)
- Preschool: Starfish, Duck, Turtle, Sea Otter
- Salamander, Sunfish, Crocodile, and Whale

Intermediate (5-12 years)
- Swim Kids: K1 through K10
- Private Lessons
  (1 student with 1 instructor)

Advanced (8 years+)
- Coached Junior Workout
- Junior Lifeguard Club
- Bronze Medallion
- Bronze Cross
- Lifesaving Camp
- Springboard Diving
- Learn to Scuba Dive

The Doug Mitchell Thunderbird Sports Centre is one of Vancouver’s best skating and hockey facilities and is home to three ice rinks. During the summer we have hockey school camps that can be found within this guide under Sports & Recreation. Visit our website for more up-to-date information closer to the fall season.

Beginner (6 months–5 years)
- Preschool: Starfish, Duck, Turtle, Sea Otter
- Salamander, Sunfish, Crocodile, and Whale

Intermediate (5-12 years)
- Swim Kids: K1 through K10
- Private Lessons
  (1 student with 1 instructor)

Advanced (8 years+)
- Coached Junior Workout
- Junior Lifeguard Club
- Bronze Medallion
- Bronze Cross
- Lifesaving Camp
- Springboard Diving
- Learn to Scuba Dive

The UBC Tennis Centre is the only indoor public tennis facility in Vancouver and welcomes players of all ages and abilities. Whether your child is new to the sport or wants to hone their skills, our professional staff and coaches will share their passion for this life-long sport. Start your kids at a young age with our Baby Thunderbirds program.

Beginner
- Baby Thunderbirds
- Red Fundamental
- Orange Fundamental
- Green Fundamental
- Youth Fundamental
- Teen Fundamental

Advanced
- Red Competitive
- Orange Competitive
- Green Competitive
- Teen Competitive
- U12 Champs
- U14 Champs
- U14 Challengers
- U16/18 Champs
- U16/18 Champs Elite
ART & MUSIC CAMPS
Performing Arts

★ Imagination Theatre

Engage in imaginative play with UBC Camps! Campers will participate in a variety of drama and storytelling games, as well as sing songs and play cooperative games. This program is designed to support younger children's exploration of pretend play. Dive into an endless world of imagination and fun! No sessions on statutory holidays, reduced rates apply.

- Ages 4 – 6 | BC Binning Studio | $170.00
  - Jul 04 – Jul 07 1:00 PM – 4:00 PM 19398
  - Jul 31 – Aug 04 1:00 PM – 4:00 PM 19400
  - Aug 28 – Sep 01 1:00 PM – 4:00 PM 19402

Kids Musical Theatre

Children will develop skills in character development, body awareness, storytelling, improvisation, and singing. The camp focuses on the creative process, respect for others, and team building. An informal sharing of work takes place the final day. No sessions on statutory holidays, reduced rates apply.

- Ages 5 – 7 | BC Binning Studio | $170.00
  - Jul 04 – Jul 07 9:00 AM – 12:00 PM 19397
  - Jul 31 – Aug 04 9:00 AM – 12:00 PM 19399
  - Aug 28 – Sep 01 9:00 AM – 12:00 PM 19401

Musical Theatre Intensive

This camp focuses on the enjoyment and skill development of singing, choreography, and acting. Participants work with the assistance of instructors to rehearse and deliver a musical theatre performance on the last day of camp. Theatre will help your camper build confidence, public speaking skills, concentration skills, and cooperative decision making abilities. Lunch supervision is included. No sessions on statutory holidays, reduced rates apply.

- Ages 8 – 11 | BC Binning Studio | $295.00
  - Jul 10 – Jul 14 9:00 AM – 4:00 PM 19404
  - Aug 14 – Aug 18 9:00 AM – 4:00 PM 19406

- Ages 11 – 15 | BC Binning Studio | $295.00
  - Aug 08 – Aug 11 9:00 AM – 4:00 PM 19405

Visual Arts

Art-Tastic

Explore the connections between art, innovation, and curiosity. A variety of materials and methods will be used through individual and collective projects. We will experiment with drawing, painting, collage, printmaking and sculpting, as well as play fun, artsy, group games! No sessions on statutory holidays, reduced rates apply.

- Ages 5 – 7 | New UBC Camps HQ | $170.00
  - Jul 04 – Jul 07 9:00 AM – 12:00 PM 19980
  - Aug 21 – Aug 25 1:00 PM – 4:00 PM 19986

- Ages 8 – 11 | New UBC Camps HQ | $170.00
  - Jul 31 – Aug 04 9:00 AM – 12:00 PM 19984

- Ages 8 – 12 | New UBC Camps HQ | $306.00
  - Jul 17 – Jul 21 9:00 AM – 4:00 PM 19991
  - Aug 08 – Aug 11 9:00 AM – 4:00 PM 19992

- Ages 11 – 15 | New UBC Camps HQ | $306.00
  - Aug 14 – Aug 18 9:00 AM – 4:00 PM 19993

Lights, Camera, Action: Film Production for Creative Kids!

Jump on set for a fun and fast-paced exploration of the creation of movie-magic! Under the leadership of knowledgeable instructors, young directors get the chance to try different filmmaking styles and techniques. Bring your big-screen dreams to life! All participants must have given photo consent in order to participate in this camp.

- Ages 8 – 12 | New UBC Camps HQ | $306.00
  - Jul 10 – Jul 14 9:00 AM – 4:00 PM 19990
  - Aug 14 – Aug 18 9:00 AM – 4:00 PM 19993

Lights, Camera, Action: Film Production for Tinseltown Teens!

Join us as we explore the magic of movie-making in Hollywood North! From pre-production through to post, we will collaborate on a script and film, while starring-in and editing our own short film. Bring your big-screen dreams to life! All participants must have given photo consent in order to participate in this camp.

- Ages 11 – 15 | New UBC Camps HQ | $306.00
  - Jul 10 – Jul 14 9:00 AM – 4:00 PM 19990
  - Aug 14 – Aug 18 9:00 AM – 4:00 PM 19993

Star Performers

Acting & Drama Intensive

This camp focuses on skill development in various aspects of acting and drama. Participants will learn about different genres of theatre through active games and role play. Activities will help campers to access their creativity and strengthen their stage presence. At the end of the week, students will put on a short performance for friends and family.

- Ages 8 – 11 | BC Binning Studio | $180.00
  - Jul 24 – Jul 28 9:00 AM – 12:00 PM 19411
  - Aug 21 – Aug 25 9:00 AM – 12:00 PM 19411

- Ages 12 – 15 | BC Binning Studio | $180.00
  - Jul 24 – Jul 28 1:00 PM – 4:00 PM 19408

Young Performers Improv Intensive

Don't be afraid to get silly as we work on comedy and improvisation skills! Core performing arts skills, such as recognizing elements of a story, creating characters, and exploring theatrical themes will also be touched upon. At the end of the week campers will perform for friends and family.

- Ages 8 – 11 | BC Binning Studio | $180.00
  - Jul 17 – Jul 21 9:00 AM – 12:00 PM 19409
  - Aug 21 – Aug 25 9:00 AM – 12:00 PM 19412

Re-creation Studio

Express your creativity through reused materials to build recycled masterpieces! Learn to view as exquisite treasure what others may see as ‘trash’. Get messy and look at the world with new eyes through bottles, cans, paper rolls, paint, paper mache, glue, string, and more! No sessions on statutory holidays, reduced rates apply.

- Ages 5 – 7 | New UBC Camps HQ | $170.00
  - Jul 31 – Aug 04 1:00 PM – 4:00 PM 19985
  - Aug 28 – Sep 01 1:00 PM – 4:00 PM 19989

- Ages 8 – 11 | New UBC Camps HQ | $170.00
  - Jul 04 – Jul 07 1:00 PM – 4:00 PM 19981
  - Jul 24 – Jul 28 9:00 AM – 12:00 PM 19982

Art & Music Camps
Song Writing 101
Do you want to write and record your own songs? Look no further! Students will be coached in the recording process, as well as study common pop song structures. If able, participants are encouraged to bring a laptop with GarageBand. Pre-Requisite: Basic ability to play an instrument and sing a pop song of your choice.

Ages 9 - 16 | Mozart School of Music | $260.00
Aug 24 - Aug 28 | 1:00 PM - 4:00 PM | 20441
Aug 28 - Sep 01 | 1:00 PM - 4:00 PM | 20446

Music
Provided by: Mozart School of Music

Music For Little Mozarts
This camp is ideal for those looking to have an exposure to a variety of musical experiences in a fun, friendly, and welcoming environment. The session is broken into short modules, including Music Through Storytelling using Orff Method, Introductory Piano Class, and Introductory Recorder Class. No sessions on statutory holidays, reduced rates apply.

Ages 4 - 5 | Mozart School of Music | $260.00
Jul 04 - Jul 07 | 9:30 AM - 12:00 PM | 20449
Jul 17 - Jul 21 | 9:30 AM - 12:00 PM | 20450
Aug 14 - Aug 18 | 9:30 AM - 12:00 PM | 20451
Aug 28 - Sep 01 | 9:30 AM - 12:00 PM | 20452

Music For Little Violinists
Little Violinists prepares children to approach the violin with an eager, successful, and musical disposition. Students will learn the fundamental elements of Suzuki violin playing such as: basic posture, bow hold, violin hold, as well as five Suzuki rhythms in a fun and high energy setting.

Ages 5 - 7 | Mozart School of Music | $260.00
Jul 10 - Jul 14 | 9:30 AM - 12:00 PM | 20453

Composition and Improvisation Music Camp
Learn to write songs and compose pieces in your own creative style. Your music will then be recorded using industry technology and a CD will be given out at the end of the week. Open for all instruments, at least one year of musical instruction is required.

Ages 8 - 14 | Mozart School of Music | $240.00
Aug 14 - Aug 18 | 1:00 PM - 3:00 PM | 20440

Tuning Your Voice
If you want to improve your singing voice this summer, this camp is for you! Join Mozart School of Music’s voice faculty as they guide each participant through a variety of vocal techniques. Participants will be able to practice staging, movement, acting, dealing with nerves, and performing in small ensembles. No sessions on statutory holidays, reduced rates apply.

Ages 8 - 15 | Mozart School of Music | $250.00
Jul 04 - Jul 07 | 1:00 PM - 3:30 PM | 20433
Jul 10 - Jul 14 | 1:00 PM - 3:30 PM | 20434

Picture Perfect
Picture Perfect offers teens the opportunity to take their photography skills to the next level! Throughout the week, participants will develop their technical skills and artistic eye by learning about aperture, shutter speed, and ISO, so they are able to capture perfectly exposed shots. Campers must bring their own DSLR camera.

Ages 12 - 15 | New UBC Camps HQ | $170.00
Aug 21 - Aug 25 | 9:00 AM - 12:00 PM | 19987
Aug 28 - Sep 01 | 9:00 AM - 12:00 PM | 19988

Music For Pop Mozarts
This camp is designed to draw the musician out of everyone, whether you have a musical background or not. The session is broken into short modules, including Guitar Class, Introduction to Percussion/Drum Set, Soundtrax, and Guitar Band. Each module will expose children to new and exciting aspects of the music world. No sessions on statutory holidays, reduced rates apply.

Ages 6 - 12 | Mozart School of Music | $275.00
Jul 04 - Jul 07 | 1:00 PM - 4:00 PM | 20437
Jul 17 - Jul 21 | 1:00 PM - 4:00 PM | 20438
Aug 14 - Aug 18 | 1:00 PM - 4:00 PM | 20439
Aug 28 - Sep 01 | 1:00 PM - 4:00 PM | 20445
Experience Camps at the new UBC Aquatic Centre!
See page 17 for Aquatics Camps information.

new

UBC POOL

Be part of a new era for aquatics at UBC
UBC AQUATIC CENTRE | newpool.ubc.ca | #newUBCpool

Highlights:
- Competition 50m length pool
- Recreational 25m lap pool
- Leisure pool
- Hot tub
- Steam and sauna
- Universal change room
- New programming
- Membership packages

Visit recreation.ubc.ca/aquatics for more info and to download detailed program listings, or pick up a hardcopy in person at:
UBC Aquatic Centre | 6080 Student Union Blvd. | Vancouver, V6T 1Z1 | 604.822.4501
Nutrition & Health
Provided by: NutriFoodie

Multicultural Cooking
Vancouver’s unique, multicultural food scene provides the opportunity for us to diversify our palate, and in this camp participants will learn to do just that! Campers will cook a different type of cuisine each day and leave camp with a recipe book so they can perfect their skills at home.

The intermediate camp is ideal for children who have had some experience with cooking and handling food.

The advanced camp is for children who have attended a nutriFoodie camp in previous years and have received basic training with our camps.

INTERMEDIATE
Ages 8 – 12 | University Chapel | $490.00
Jul 17 – Jul 21 9:00 AM – 4:00 PM 20305

ADVANCED
Ages 9 – 13 | University Chapel | $490.00
Jul 24 – Jul 28 9:00 AM – 4:00 PM 20309

Personal Development & Leadership

Junior Leadership
Redefine leadership in this week-long personal development camp! Throughout the week, campers will discuss their own leadership styles, as well as learn about various coaching methods, develop interview skills, work on healthy conflict resolution, and goal setting. Full-day camps will be given the opportunity during the week to volunteer in a UBC Camp with children aged 12 and under. No sessions on statutory holidays, reduced rates apply.

Ages 15 – 18 | Classroom TBA | $294.00
Aug 08 – Aug 11 9:00 AM – 4:00 PM 19963
Aug 14 – Aug 18 9:00 AM – 4:00 PM 19961
Aug 28 – Sep 01 9:00 AM – 4:00 PM 19962

Ages 12 – 15 | Classroom TBA | $175.00
Jul 31 – Aug 04 9:00 AM – 12:00 PM 19960
1:00 PM – 4:00 PM 20619

Uniquely You
This camp is for girls who want to learn more about themselves and the benefits of a healthy lifestyle. It integrates physical activity and learning opportunities to improve social and emotional well-being. Topics include goal setting, body image, stress reduction, healthy eating and friendship skills. Lunch supervision is included.

Ages 10 – 13 | Classroom TBA | $294.00
Jul 10 – Jul 14 9:00 AM – 4:00 PM 19941
Aug 21 – Aug 25 9:00 AM – 4:00 PM 19942

Red Cross Babysitter Training Camp
This camp offers babysitting and first aid training for babies, toddlers and school-aged children. Campers will receive certification in Emergency First Aid, CPR Level C, and Babysitting, provided they are 11 years old by the last day of class, have attended all days of the course, and have received the minimum 75% passing grade on their multiple choice quiz.

Ages 10 – 13 | Classroom TBA | $165.50
Jul 10 – Jul 14 9:00 AM – 12:00 PM 20454
Jul 24 – Jul 28 9:00 AM – 12:00 PM 20459
Jul 31 – Aug 04 9:00 AM – 12:00 PM 20460
Aug 14 – Aug 18 9:00 AM – 12:00 PM 20461
Aug 28 – Sep 01 9:00 AM – 12:00 PM 20462

Standard First Aid Camp
The Standard First Aid Camp is for youth interested in achieving their CPR Level C, AED Protocol, and Emergency First Aid Certification. Participants must receive the minimum 70% passing grade on their multiple choice quiz to receive certification.

Ages 12 – 17 | Classroom TBA | $183.75
Jul 17 – Jul 21 1:00 PM – 4:30 PM 20499
Aug 21 – Aug 25 1:00 PM – 4:30 PM 20500

Overnight Outdoor Education
UBC Camps and the UBC Faculty of Education have created a camp that gives youth aged 12-15 a unique educational outdoor learning experience that offers campers social, emotional, cognitive, and physical engagement in outdoor settings that no traditional classroom ever could. Campers take part in creating an environment where hands-on learning allows participants to absorb learning through situated lessons and apply it to everyday life. Experiential learning includes: a service learning project, building self-confidence, developing leadership skills, engaging with nature, forming new friendships, and participating in general camp governance. There are also many exciting and engaging activities like canoeing, hiking, rope challenge course, tie-dye, and cultural programs. In addition to programmed daily activities, participants will have a chance to develop valuable leadership skills in a group project that is worked on throughout the week.

Ages 12 – 15 | Cheakamus Centre (drop off at Tennis Bubble Alley) | $890.00
Jul 31 – Aug 04 Full Day/Overnight 19955
Aug 14 – Aug 18 Full Day/Overnight 19956
# Science & Technology

## Lego Design Robotics

Come and play with LEGO! Participants will stretch their imaginations and bring their creations to life through this introduction to basic coding. Help your child develop their ability to communicate ideas through project design and problem solving. These camps also promote the use of particular aspects of language, such as pronunciation and comprehension. **No sessions on statutory holidays, reduced rates apply.**

<table>
<thead>
<tr>
<th>Ages</th>
<th>Location</th>
<th>Dates</th>
<th>Times</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 – 11</td>
<td>Classroom TBA</td>
<td>Jul 04 – Jul 07</td>
<td>9:00 AM – 12:00 PM</td>
<td>19530</td>
</tr>
<tr>
<td>8 – 11</td>
<td>Classroom TBA</td>
<td>Jul 10 – Jul 14</td>
<td>9:00 AM – 12:00 PM</td>
<td>19532</td>
</tr>
<tr>
<td>8 – 11</td>
<td>Classroom TBA</td>
<td>Jul 17 – Jul 21</td>
<td>9:00 AM – 12:00 PM</td>
<td>19534</td>
</tr>
<tr>
<td>8 – 11</td>
<td>Classroom TBA</td>
<td>Jul 24 – Jul 28</td>
<td>9:00 AM – 12:00 PM</td>
<td>19536</td>
</tr>
<tr>
<td>8 – 11</td>
<td>Classroom TBA</td>
<td>Jul 31 – Aug 04</td>
<td>9:00 AM – 12:00 PM</td>
<td>19538</td>
</tr>
<tr>
<td>8 – 11</td>
<td>Classroom TBA</td>
<td>Aug 08 – Aug 11</td>
<td>9:00 AM – 12:00 PM</td>
<td>19540</td>
</tr>
<tr>
<td>8 – 11</td>
<td>Classroom TBA</td>
<td>Aug 14 – Aug 18</td>
<td>9:00 AM – 12:00 PM</td>
<td>19542</td>
</tr>
</tbody>
</table>

## Creative Writing

Students will further develop their writing skill set and create a portfolio of creative work. Sessions include readings, free writing, spoken word and more. Campers will gain a deeper understanding of their voice as writers and will additionally be guided through exercises allowing them to better edit, and positively receive and provide feedback to others.

<table>
<thead>
<tr>
<th>Ages</th>
<th>Location</th>
<th>Dates</th>
<th>Times</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>13 – 15</td>
<td>Classroom TBA</td>
<td>Jul 10 – Jul 14</td>
<td>9:00 AM – 12:00 PM</td>
<td>19945</td>
</tr>
<tr>
<td>13 – 15</td>
<td>Classroom TBA</td>
<td>Jul 17 – Jul 21</td>
<td>9:00 AM – 12:00 PM</td>
<td>19946</td>
</tr>
<tr>
<td>13 – 15</td>
<td>Classroom TBA</td>
<td>Jul 24 – Jul 28</td>
<td>9:00 AM – 12:00 PM</td>
<td>20613</td>
</tr>
</tbody>
</table>

## Fun with English Language!

*Provided by: UBC Department of Linguistics*

This English language camp is a great opportunity, especially for ESL children, to engage in fun language-oriented activities while meeting new friends. Each day will have a different focus, with language-specific instructions and game-play situations making for a stimulating and challenging learning environment. **No sessions on statutory holidays, reduced rates apply.**

<table>
<thead>
<tr>
<th>Ages</th>
<th>Location</th>
<th>Dates</th>
<th>Times</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 – 7</td>
<td>Totem Field Studios</td>
<td>Jul 04 – Jul 07</td>
<td>9:00 AM – 12:00 PM</td>
<td>19530</td>
</tr>
<tr>
<td>5 – 7</td>
<td>Totem Field Studios</td>
<td>Jul 10 – Jul 14</td>
<td>9:00 AM – 12:00 PM</td>
<td>19532</td>
</tr>
<tr>
<td>5 – 7</td>
<td>Totem Field Studios</td>
<td>Jul 17 – Jul 21</td>
<td>9:00 AM – 12:00 PM</td>
<td>19534</td>
</tr>
<tr>
<td>5 – 7</td>
<td>Totem Field Studios</td>
<td>Jul 24 – Jul 28</td>
<td>9:00 AM – 12:00 PM</td>
<td>19536</td>
</tr>
<tr>
<td>5 – 7</td>
<td>Totem Field Studios</td>
<td>Jul 31 – Aug 04</td>
<td>9:00 AM – 12:00 PM</td>
<td>19538</td>
</tr>
<tr>
<td>5 – 7</td>
<td>Totem Field Studios</td>
<td>Aug 08 – Aug 11</td>
<td>9:00 AM – 12:00 PM</td>
<td>19540</td>
</tr>
<tr>
<td>5 – 7</td>
<td>Totem Field Studios</td>
<td>Aug 14 – Aug 18</td>
<td>9:00 AM – 12:00 PM</td>
<td>19542</td>
</tr>
</tbody>
</table>

## Public Speaking and Debate

Practice debate, writing, and public speaking skills in a fun and casual setting. Students will learn the basics of argumentation, rebuttal, public speaking, and speech writing. The camp will support participants in learning to present their ideas in a confident and convincing manner. Campers will be asked to conduct some research outside of camp time for more engaging debates. **No sessions on statutory holidays, reduced rates apply.**

<table>
<thead>
<tr>
<th>Ages</th>
<th>Location</th>
<th>Dates</th>
<th>Times</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>13 – 18</td>
<td>Classroom TBA</td>
<td>Jul 04 – Jul 07</td>
<td>9:00 AM - 4:00 PM</td>
<td>19928</td>
</tr>
<tr>
<td>13 – 18</td>
<td>Classroom TBA</td>
<td>Aug 08 – Aug 11</td>
<td>9:00 AM - 4:00 PM</td>
<td>19937</td>
</tr>
<tr>
<td>13 – 18</td>
<td>Classroom TBA</td>
<td>Aug 14 – Aug 18</td>
<td>9:00 AM - 4:00 PM</td>
<td>19938</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Ages</th>
<th>Location</th>
<th>Dates</th>
<th>Times</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>13 – 15</td>
<td>Classroom TBA</td>
<td>Jul 10 – Jul 14</td>
<td>9:00 AM – 12:00 PM</td>
<td>20287</td>
</tr>
<tr>
<td>13 – 15</td>
<td>Classroom TBA</td>
<td>Jul 17 – Jul 21</td>
<td>9:00 AM – 12:00 PM</td>
<td>20288</td>
</tr>
<tr>
<td>13 – 15</td>
<td>Classroom TBA</td>
<td>Jul 24 – Jul 28</td>
<td>9:00 AM – 12:00 PM</td>
<td>20289</td>
</tr>
<tr>
<td>13 – 15</td>
<td>Classroom TBA</td>
<td>Jul 31 – Aug 04</td>
<td>9:00 AM – 12:00 PM</td>
<td>20290</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Ages</th>
<th>Location</th>
<th>Dates</th>
<th>Times</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>15 – 18</td>
<td>Classroom TBA</td>
<td>Jul 10 – Jul 14</td>
<td>1:00 PM - 4:00 PM</td>
<td>19930</td>
</tr>
<tr>
<td>15 – 18</td>
<td>Classroom TBA</td>
<td>Jul 17 – Jul 21</td>
<td>1:00 PM - 4:00 PM</td>
<td>19932</td>
</tr>
<tr>
<td>15 – 18</td>
<td>Classroom TBA</td>
<td>Jul 24 – Jul 28</td>
<td>1:00 PM - 4:00 PM</td>
<td>19934</td>
</tr>
</tbody>
</table>

## CAMPS AT UBC ROBSON SQUARE

*Same Great Camps, New Location!*

### ★ Public Speaking and Debate

<table>
<thead>
<tr>
<th>Ages</th>
<th>Location</th>
<th>Dates</th>
<th>Times</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>15 – 18</td>
<td>Robson Square - Classroom TBA</td>
<td>Aug 21 – Aug 25</td>
<td>9:00 AM – 4:00 PM</td>
<td>19940</td>
</tr>
<tr>
<td>15 – 18</td>
<td>Robson Square - Classroom TBA</td>
<td>Aug 28 – Sep 01</td>
<td>9:00 AM – 4:00 PM</td>
<td>19939</td>
</tr>
</tbody>
</table>

### ★ Creative Writing

<table>
<thead>
<tr>
<th>Ages</th>
<th>Location</th>
<th>Dates</th>
<th>Times</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>15 – 18</td>
<td>Robson Square - Classroom TBA</td>
<td>Jul 31 – Aug 04</td>
<td>9:00 AM – 4:00 PM</td>
<td>20614</td>
</tr>
</tbody>
</table>
Volunteer with UBC Camps
Apply online at:
www.camps.ubc.ca/volunteer

Deadline:
April 28, 2017

Ocean Adventurer – Cadets
Provided by Sea Smart School
Explore the fascinating world of our oceans with a real marine biologist! Join us on an exciting ocean adventure at Acadia Beach with fun, interactive games and activities to learn how we can help our oceans. Sea Smart’s hands-on program helps your child develop essential life skills like critical thinking, problem solving, leadership, and teamwork. Don’t miss out on giving your kids this amazing opportunity to learn from a marine biologist about to protect our oceans! Lunch not included; ensure your kids come with enough food, water, and clothing suited to be outdoors all day.

Ages 6 - 8 | Acadia Beach | $420.00
Jul 17 - Jul 21 9:00 AM - 3:00 PM 20634
Aug 14 - Aug 18 9:00 AM - 3:00 PM 20638

Ocean Adventurer – Captains
Provided by Sea Smart School
Want a once in a lifetime opportunity to learn about our oceans from a real marine biologist? Join us on an ocean adventure at Acadia Beach to learn exciting science about our oceans, including ocean issues and how we can help. Sea Smart uses fun, hands-on activities to help your kids build essential life skills such as: critical thinking, problem solving, teamwork, and leadership, while growing into better and more responsible human beings. There’s no better or more fun way to get your feet wet in the world of marine biology! Lunch not included; ensure your kids come with enough food, water, and clothing suited to be outdoors all day.

Ages 9 - 13 | Acadia Beach | $420.00
Jul 31 - Aug 4 9:00 AM - 3:00 PM 20635

NEW!
UBC Camps works hard to provide an inclusive and accommodating camp experience.

Let us know how we can best support your child by filling out the online Exceptionalities & Behaviour Form, located at www.camps.ubc.ca/exceptionalities

POPCULAR PAIRINGS

Multisport + Lego Design Robotics
Public Speaking and Debate + Junior Leadership

With hundreds of programs to choose from, and a nearly endless mixture of morning and afternoon camps, it can be hard to know which combinations work best; so we’ve compiled a list of our most popular pairings that are available every week of the summer!

camps.ubc.ca/popular-pairings
SPORT & RECREATION CAMPS
Aquatics

Swim N’ Splash Preschool
This camp provides an opportunity for younger campers to engage in games and activities in and out of the water. Included is a Red Cross Swim @ Camp beginner lesson and play time in the pool to improve physical and mental development in an aquatic environment. No sessions on statutory holidays, reduced rates apply.

Ages 3 – 5 | NEW UBC Aquatic Centre | $154.75
Jul 17 – Jul 21 9:45 AM – 11:30 AM 20483
Aug 08 – Aug 11 9:45 AM – 11:30 AM 20484
Aug 21 – Aug 25 9:45 AM – 11:30 AM 20485

Swim N’ Splash
This camp provides campers an opportunity to engage in activities that enhance their movement skills, teamwork, and sportsmanship in an aquatic environment. Included is a Red Cross Swim @ Camp lesson (beginner, intermediate, advanced), as well as free time to participate in games and activities in the pool. No sessions on statutory holidays, reduced rates apply.

Ages 5 – 12 | NEW UBC Aquatic Centre | $165.50
Jul 04 – Jul 07 9:00 AM – 12:00 PM 20465
1:00 PM – 4:00 PM 20474
Jul 10 – Jul 14 9:00 AM – 12:00 PM 20466
1:00 PM – 4:00 PM 20475
Jul 17 – Jul 21 9:00 AM – 12:00 PM 20467
1:00 PM – 4:00 PM 20476
Jul 24 – Jul 28 9:00 AM – 12:00 PM 20468
1:00 PM – 4:00 PM 20477
Jul 31 – Aug 04 9:00 AM – 12:00 PM 20469
1:00 PM – 4:00 PM 20478
Aug 08 – Aug 11 9:00 AM – 12:00 PM 20470
1:00 PM – 4:00 PM 20479
Aug 14 – Aug 18 9:00 AM – 12:00 PM 20471
1:00 PM – 4:00 PM 20480
Aug 21 – Aug 25 9:00 AM – 12:00 PM 20472
1:00 PM – 4:00 PM 20481
Aug 28 – Sep 01 9:00 AM – 12:00 PM 20473
1:00 PM – 4:00 PM 20482

★ AquaSport Sampler
This camp provides an opportunity for campers to try out various water sports in an aquatic environment. Water activities include: water polo, synchronized swimming, spring board diving, and more! Comfort in deep water and Red Cross Swim Kids Level 8 is required, but no previous experience in aquatic sports is needed. No sessions on statutory holidays, reduced rates apply.

Ages 10 – 13 | NEW UBC Aquatic Centre | $170.00
Jul 17 – Jul 21 1:00 PM – 4:00 PM 20486
Aug 08 – Aug 11 1:00 PM – 4:00 PM 20487
Aug 21 – Aug 25 1:00 PM – 4:00 PM 20488

Water Polo Camp
This camp is a great way to introduce children to the sport of water polo in a safe and friendly environment. Comfort in deep water and Swim Kids Level 8 is required, but no previous water polo experience is needed. No sessions on statutory holidays, reduced rates apply.

Ages 10 – 13 | NEW UBC Aquatic Centre | $170.00
Jul 31 – Aug 04 9:00 AM – 12:00 PM 20489

Scuba Camp
This camp provides one hour of learning scuba diving techniques, followed by two hours of in-water modules starting from the shallow end, progressing into the deep end. Comfort in deep water is required. No sessions on statutory holidays, reduced rates apply.

Ages 8 – 12 | NEW UBC Aquatic Centre | $246.00
Jul 04 – Jul 07 9:00 AM – 12:00 PM 20490
Jul 10 – Jul 14 1:00 PM – 4:00 PM 20491
Jul 17 – Jul 21 9:00 AM – 12:00 PM 20492
Jul 31 – Aug 04 1:00 PM – 4:00 PM 20493
Aug 08 – Aug 11 9:00 AM – 12:00 PM 20494
Aug 14 – Aug 18 1:00 PM – 4:00 PM 20495
Aug 21 – Aug 25 1:00 PM – 4:00 PM 20496
Aug 28 – Sep 01 1:00 PM – 4:00 PM 20496

Advanced Scuba Camp
This camp is for individuals who have taken the basic UBC Scuba Camp or have previous scuba diving experience. It allows campers to focus on deep-water scuba diving skills and go beyond the basic UBC Scuba Camp. No sessions on statutory holidays, reduced rates apply.

Ages 10 – 14 | NEW UBC Aquatic Centre | $278.00
Jul 24 – Jul 28 9:00 AM – 12:00 PM 20497
Aug 21 – Aug 25 9:00 AM – 12:00 PM 20498

UBC Performance Swim Camps – 2017

Hosted in the new UBC Aquatic Centre. Space is limited, register early.

Keep an eye out for programs led by UBC Thunderbirds varsity coaches!
Register for select camps and learn to play like a Thunderbird.

Varsity Coached
Basketball

**Coed Elementary Program**

In a positive and exciting learning environment, UBC Basketball coaches and players will encourage healthy competition and daily skill development. This camp will focus on basketball fundamentals and team play through drills, activities, and games.

**Ages 12 – 14 | War Memorial Gym | $190.00**

Jul 17 – Jul 21 1:00 PM – 4:00 PM 20149

**Ages 8 – 11 | War Memorial Gym | $190.00**

Jul 17 – Jul 21 9:00 AM – 12:00 PM 20148

Girls Basketball Plus Program

This girls-only camp will incorporate both on and off-court training to develop a well-rounded understanding of the skills needed for basketball. On-court sessions will focus on developing offensive and defensive individual and team skills, with an emphasis on ball handling, passing, shooting, one-on-one play, transition, and team play. Off-court sessions will focus on introducing and building a knowledge base in a number of sports-related areas, including sport psychology, nutrition, strength and conditioning, and leadership. Complete your training by signing up for our Girls Shooting Program.

**Ages 13 – 18 | War Memorial Gym | $245.00**

Aug 14 – Aug 18 9:00 AM – 1:00 PM 20150

Girls Shooting Program

Come learn the fundamentals and keys to becoming a great shooter! This camp will focus on improving form and footwork to develop a greater ability to score. Campers will learn how to create more shooting opportunities through shot preparation, effective use of screens and reading the defense. The use of video feedback and shot awareness tools will enhance learning. No camp on Friday August 18.

**Ages 13 – 18 | War Memorial Gym | $145.00**

Aug 14 – Aug 17 2:00 PM – 4:00 PM 20151

Ball Hockey

**Star Ball Hockey Basics**

Love hockey, but don’t know how to skate? Try ball hockey! This exciting camp works with young athletes to introduce the basics of this beloved Canadian sport. Small scrimmages, ball and stick handling drills, and healthy warm up and cool down games will be played.

**Ages 5 – 7 | Doug Mitchell Centre | $175.00**

Jul 10 – Jul 14 1:00 PM – 4:00 PM 20620

Jul 24 – Jul 28 1:00 PM – 4:00 PM 20621

Aug 14 – Aug 18 1:00 PM – 4:00 PM 20622

Baseball

**UBC Thunderbird Development Camp**

Join the UBC Baseball Coaching Staff and Varsity Team for a fun filled week of baseball instruction and competitions this summer! We will teach your young baseball player how to play the game the right way, and have fun doing it! No sessions on statutory holidays, reduced rates apply.

**Ages 8 – 18 | SRC Gyms | $345.00**

Jul 04 – Jul 07 9:00 AM – 3:00 PM 20068

Jul 10 – Jul 14 9:00 AM – 3:00 PM 20070

Jul 17 – Jul 21 9:00 AM – 3:00 PM 20071

Jul 24 – Jul 28 9:00 AM – 3:00 PM 20072

Jul 31 – Aug 04 9:00 AM – 3:00 PM 20073

Aug 08 – Aug 11 9:00 AM – 3:00 PM 20074

**POPULAR PAIRINGS**

**Badminton + Biking**

 Unsure which morning and afternoon camps to combine to create a full day experience for your child? Don’t worry, we’ve got you covered!

camps.ubc.ca/popular-pairings
SPORT PERFORMANCE CAMPS

UBC Thunderbirds sport performance camps provide athletes the opportunity to train with UBC’s elite, professional coaching staff. Coaches work with beginner and elite athletes to develop sport-specific skills.

BASEBALL
Sammie Star
Assistant Coach, UBC Men’s Baseball
Mitch Hodge
Assistant Coach, UBC Men’s Baseball

BASKETBALL
Kevin Hanson
Head Coach, UBC Men’s Basketball
Spencer McKay
Assistant Coach, UBC Men’s Basketball
Deb Huband
Head Coach, UBC Women’s Basketball

Carrie Watts
Assistant Coach, UBC Women’s Basketball

FIELD HOCKEY
Robin D’Abreo
Head Coach, UBC Women’s Field Hockey

SOCCER
Mike Mosher
Head Coach, UBC Men’s Soccer
Jesse Symons
Head Coach, UBC Women’s Soccer

STRENGTH & CONDITIONING
Joe McCullum
Head Coach, Strength & Conditioning

VOLLEYBALL
Kerry MacDonald
Head Coach, UBC Men’s Volleyball
Matt Lebourdais
Assistant Coach, UBC Men’s Volleyball
Doug Reimer
Head Coach, UBC Women’s Volleyball
Beathen Thomas
Assistant Coach, UBC Women’s Volleyball

Basketball Fitness Fun Training
Train with our personal trainers at the BirdCoop Fitness Centre. This program teaches exercises in a fun, group atmosphere using fitness games and simple exercises designed to help enhance your performance in basketball. Participants will focus on improving their speed, agility, reaction time, strength, flexibility, and cardiovascular endurance, while reducing their risk of injury in a great group atmosphere.

Ages 7 – 14 | BirdCoop Fitness Centre | $175.00
Jul 17 – Jul 21 9:00 AM – 12:00 PM 20547
Jul 24 – Jul 28 9:00 AM – 12:00 PM 20548
Aug 14 – Aug 18 9:00 AM – 12:00 PM 20617

Ages 7 – 14 | BirdCoop Fitness Centre | $85.00
Aug 04 9:00 AM – 4:00 PM 20549

Boys Birdball Program
This advanced skills camp is designed for experienced basketball players. Campers will develop their shooting form, ball handling ability, and passing accuracy, along with team and individual defensive and offensive principles. No camp on Friday August 4. Sign up for Basketball Fitness Fun on August 4 to complete your training.

Ages 13 – 18 | War Memorial Gym | $290.00
Jul 31 – Aug 03 9:00 AM – 3:00 PM 20144

Boys Shooting Program
This unique basketball camp will focus on the most important fundamental in basketball: shooting. Campers will learn to create more shooting opportunities through the teaching of proper mechanics, efficient footwork, using screens effectively, and shooting on balance. No camp on Friday August 4. Sign up for Basketball Fitness Fun on August 4 to complete your training.

Ages 13 – 18 | War Memorial Gym | $115.00
Jul 31 – Aug 03 3:00 PM – 4:00 PM 20145

Coed Fundamentals Program
Varsity basketball coaches, along with top Varsity athletes from the UBC Men’s Basketball Team, provide top-level instruction in all of the fundamentals necessary to be a good player: shooting, dribbling, and passing. Campers will be grouped according to age and skill level where appropriate.

Ages 12 – 14 | War Memorial Gym | $190.00
Jul 24 – Jul 28 1:00 PM – 4:00 PM 20147

Ages 8 – 11 | War Memorial Gym | $190.00
Jul 24 – Jul 28 9:00 AM – 12:00 PM 20146
Biking

**Bike Hike Program A**
This program is for beginners who have at least 20 hours of riding experience and would like to increase their knowledge of road and trail riding. Participants will be given instruction in basic trail riding including hazard awareness and handling skills such as steering and braking through turns on trails. A minimum of 60 hours of riding experience is required. Note: a well-maintained bike and helmet are mandatory equipment for this camp.

**Ages 5 – 7 | Tennis Bubble Alley | $187.00**
Jul 10 – Jul 14 9:00 AM – 12:00 PM 19311
Jul 17 – Jul 21 1:00 PM – 4:00 PM 19314
Aug 14 – Aug 18 9:00 AM – 12:00 PM 19316
Aug 28 – Sep 01 1:00 PM – 4:00 PM 19315

**Bike Hike Program B**
This program will expand on the concepts of road safety, hazard awareness, and handling skills such as steering and braking through tight turns on trails. An introduction to trail etiquette and the correct reading of trail maps will be included. A minimum of 20 hours of riding experience is required. Note: a well-maintained bike and helmet are mandatory equipment for this camp.

**Ages 6 – 9 | Tennis Bubble Alley | $187.00**
Jul 10 – Jul 14 1:00 PM – 4:00 PM 19317
Jul 17 – Jul 21 9:00 AM – 12:00 PM 19319
Jul 31 – Aug 04 9:00 AM – 12:00 PM 19320
Aug 14 – Aug 18 1:00 PM – 4:00 PM 19321
Aug 28 – Sep 01 9:00 AM – 12:00 PM 19322

**Bike Hike Program C**
For more advanced riders who have at least 40 hours of riding experience and would like to increase their knowledge of road and trail riding. Trail etiquette and specific skills including how to maneuver on steep hills, tight turns, and riding in situations with less than ideal conditions will be covered. Note: a well-maintained bike and helmet are mandatory equipment for this camp. No sessions on statutory holidays, reduced rates apply.

**Ages 7 – 10 | Tennis Bubble Alley | $187.00**
Jul 04 – Jul 07 9:00 AM – 12:00 PM 19323
Jul 24 – Jul 28 1:00 PM – 4:00 PM 19324
Aug 08 – Aug 11 1:00 PM – 4:00 PM 19325
Aug 21 – Aug 25 9:00 AM – 12:00 PM 19326

**Bike Hike Program D**
This program is for older riders who have basic riding skills but want to gain confidence and increase safety in road & trail riding. Participants will be given instruction in basic trail riding including hazard awareness and handling skills such as steering and braking through turns on the trails. A minimum of 60 hours of riding experience is required. Note: a well-maintained bike and helmet are mandatory equipment for this camp. No sessions on statutory holidays, reduced rates apply.

**Ages 9 – 13 | Tennis Bubble Alley | $187.00**
Jul 04 – Jul 07 1:00 PM – 4:00 PM 19327
Jul 24 – Jul 28 9:00 AM – 12:00 PM 19328
Aug 08 – Aug 11 9:00 AM – 12:00 PM 19329
Aug 21 – Aug 25 1:00 PM – 4:00 PM 19330

Canoeing & Kayaking

**Intro to Canoeing**
*Provided by: MacSailing*

The Introductory Canoe program is designed to introduce participants to canoeing in a group setting. The program emphasizes learning boat control so that paddlers will gain the confidence, skills, and knowledge to be safe and have fun. Note: camp runs on statutory holidays.

**Ages 8 – 10 | Jericho Sailing Centre | $199.50**
Jun 19 – Jun 23 9:00 AM – 12:00 PM 20213
Jun 26 – Jun 30 9:00 AM – 12:00 PM 20351
Jul 03 – Jul 07 9:00 AM – 12:00 PM 20352
Jul 10 – Jul 14 9:00 AM – 12:00 PM 20353
Jul 17 – Jul 21 9:00 AM – 12:00 PM 20356
Jul 24 – Jul 28 9:00 AM – 12:00 PM 20357
Jul 31 – Aug 04 9:00 AM – 12:00 PM 20358
Aug 07 – Aug 11 9:00 AM – 12:00 PM 20359
Aug 14 – Aug 18 9:00 AM – 12:00 PM 20360
Aug 21 – Aug 25 9:00 AM – 12:00 PM 20362
Aug 28 – Sep 01 9:00 AM – 12:00 PM 20363

**Fun Kayak Camp**
*Provided by: Ecomarine Paddlesport*
Certified instructors share the joy of ocean kayaking through games and play on and off water. A week of paddling fun, exploring the coastline, and making new friends! Use of kayaks, wetsuits, and equipment included. Note: camp runs on statutory holidays.

**Ages 8 – 12 | Jericho Sailing Centre | $229.95**
Jul 03 – Jul 07 9:00 AM – 12:00 PM 20550
Jul 10 – Jul 14 9:00 AM – 12:00 PM 20551
Jul 17 – Jul 21 9:00 AM – 12:00 PM 20552
Jul 24 – Jul 28 9:00 AM – 12:00 PM 20553
Jul 31 – Aug 04 9:00 AM – 12:00 PM 20554
Aug 07 – Aug 11 9:00 AM – 12:00 PM 20555
Aug 14 – Aug 18 9:00 AM – 12:00 PM 20556
Aug 21 – Aug 25 9:00 AM – 12:00 PM 20557
Aug 28 – Sep 01 9:00 AM – 12:00 PM 20558

**Beginner Skills Kayak Camp**
*Provided by: Ecomarine Paddlesport*
Accompanied by their peers and enthusiastic instructors, participants will have an engaging week of sea-kayaking skill development and ocean exploration. Fundamental skills include boat handling, safety capsizing, and re-entering the kayak. Paddle Canada Basic Certification included. All equipment provided. Note: camp runs on statutory holidays.

**Ages 12 – 15 | Jericho Sailing Centre | $240.45**
Jul 03 – Jul 07 1:00 PM – 4:00 PM 20559
Jul 10 – Jul 14 1:00 PM – 4:00 PM 20560
Jul 17 – Jul 21 1:00 PM – 4:00 PM 20561
Jul 24 – Jul 28 1:00 PM – 4:00 PM 20562
Jul 31 – Aug 04 1:00 PM – 4:00 PM 20563
Aug 07 – Aug 11 1:00 PM – 4:00 PM 20564
Aug 14 – Aug 18 1:00 PM – 4:00 PM 20565
Aug 21 – Aug 25 1:00 PM – 4:00 PM 20566
Aug 28 – Sep 01 1:00 PM – 4:00 PM 20567
Girls Only Learning to Train Camp

Robin D'Abreo  
Head Coach, UBC Women’s Field Hockey

This program is aimed at the developing club or regional level player. It will focus on core technical skills for possession, receiving, and distributing the ball. The camp will introduce small-game tactics and outline the general approach to attacking and defending strategies. Appropriate warm-up and cool-down protocol will be also be taught.

Ages 10 – 14 | UBC Wright Field | $200.00

Jul 10 – Jul 14  9:00 AM – 12:00 PM  20582

Girls Only U16 Camp

Robin D'Abreo  
Head Coach, UBC Women’s Field Hockey

This program is aimed at Club, Regional and Provincial level athletes looking to advance their skill development and tactical understanding of the game. Core skills and game play will be refined at speed and under pressure and specific skills for possession, elimination, goal scoring, and tackling will be developed.

Ages 13 – 16 | UBC Wright Field | $200.00

Jul 17 – Jul 21  9:00 AM – 12:00 PM  20583

Field Hockey

Co-ed Fundamentals Camp

Robin D'Abreo  
Head Coach, UBC Women’s Field Hockey

This camp is aimed at having fun and introducing and developing a love for physical activity and the sport of field hockey. Emphasis will be on exposure to fundamental movement skills to build agility, balance, co-ordination and speed as well introducing the core skills and basic mini-game play associated with field hockey.

Ages 6 – 10 | UBC Wright Field | $200.00

Jul 10 – Jul 14  9:00 AM – 12:00 PM  20586

Dance

Think You Can Dance

Campers will learn various dance moves and routines in a fun, recreational environment. This camp aims to foster self-esteem, body awareness, and spatial skills. Movements from multiple styles of dance are included. At the end of camp, dancers will perform for friends and family!

Ages 7 – 10 | SRC Studio | $188.00

Jul 10 – Jul 14  9:00 AM – 12:00 PM  20601

Aug 14 – Aug 18  9:00 AM – 12:00 PM  20602

Fencing

Provided by: Ali Ulker (Fencing Expert)

Beginner Fencing

This course is ideal for children with little or no previous experience with fencing, or those younger students looking for an introduction to the sport. Students will participate in a variety of recreational games and activities intended to develop their balance, co-ordination and reaction speed.

Ages 8 – 12 | Osborne Gym A | $185.00

Jul 24 – Jul 28  1:00 PM – 4:00 PM  20310

Jul 31 – Aug 04  1:00 PM – 4:00 PM  20311

Aug 14 – Aug 18  1:00 PM – 4:00 PM  20312

Aug 21 – Aug 25  1:00 PM – 4:00 PM  20316

Girls Only Back to School Camp

Robin D'Abreo  
Head Coach, UBC Women’s Field Hockey

This program is aimed at High School and Club athletes looking to prepare for league play in the fall. Tactical understanding and game play will be developed and core skills will be refined at speed and under pressure. Specific possession, elimination, goal scoring, and tackling skills will also be introduced.

Ages 14 – 17 | UBC Wright Field | $200.00

Aug 14 – Aug 18  9:00 AM – 12:00 PM  20587
### Hockey & Skating

#### Beginners Stickhandling and Shooting

Your young hockey player will be challenged with fundamental puck control and quick hands, but will also learn fundamental off-ice hockey movements. No sessions on statutory holidays, reduced rates apply.

<table>
<thead>
<tr>
<th>Ages 5 - 8</th>
<th>Doug Mitchell Centre</th>
<th>$225.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 04 - Jul 07</td>
<td>9:00 AM - 12:00 PM</td>
<td>19997</td>
</tr>
<tr>
<td>Jul 31 - Aug 04</td>
<td>1:00 PM - 4:00 PM</td>
<td>20007</td>
</tr>
<tr>
<td>Jul 10 - Jul 14</td>
<td>9:00 AM - 12:00 PM</td>
<td>20011</td>
</tr>
<tr>
<td>Aug 08 - Aug 11</td>
<td>1:00 PM - 4:00 PM</td>
<td>20022</td>
</tr>
</tbody>
</table>

#### Intermediate Stickhandling and Shooting

This next level of stickhandling camp engages campers with more difficult puck control exercises, quick hands development, and fundamental off-ice hockey movements. This camp is for players with experience in hockey. No sessions on statutory holidays, reduced rates apply.

<table>
<thead>
<tr>
<th>Ages 5 - 8</th>
<th>Doug Mitchell Centre</th>
<th>$225.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 10 - Jul 14</td>
<td>9:00 AM - 12:00 PM</td>
<td>20012</td>
</tr>
<tr>
<td>Aug 08 - Aug 11</td>
<td>1:00 PM - 4:00 PM</td>
<td>20022</td>
</tr>
</tbody>
</table>

### Football

#### Intro to Flag Football

This high intensity camp will teach participants basic offensive and defensive strategies, along with how to hold, throw, and catch a football. Participants should be prepared to run and work hard each day. Camp will be led by some of UBC Football’s top athletes, who will emphasize the importance of sportsmanship.

<table>
<thead>
<tr>
<th>Ages 8 - 12</th>
<th>UBC Ken Woods Field</th>
<th>$190.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 10 - Jul 14</td>
<td>9:00 AM - 12:00 PM</td>
<td>20011</td>
</tr>
<tr>
<td>Aug 08 - Aug 11</td>
<td>1:00 PM - 4:00 PM</td>
<td>20021</td>
</tr>
</tbody>
</table>

### Girls Time Teen Fitness

This program is designed specifically for teenage girls who are interested in learning more about the benefits of a healthy, active lifestyle and feeling good about who you are. This fun camp is designed to help you learn muscle function, proper exercise techniques, the benefits of stretching and what’s in the food you eat!

<table>
<thead>
<tr>
<th>Ages 13 - 17</th>
<th>BirdCoop Fitness Centre</th>
<th>$175.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 31 – Aug 04</td>
<td>1:00 PM - 4:00 PM</td>
<td>20544</td>
</tr>
<tr>
<td>Aug 14 – Aug 18</td>
<td>1:00 PM - 4:00 PM</td>
<td>20545</td>
</tr>
</tbody>
</table>

### Teen Fit

Be active with our personal trainers! This is a great introduction to various types of fitness, from weight training, cardio training, to boot camps, spinning, bouldering, and outdoor fitness. You will learn your muscle groups, what’s in the food you eat, basic weight training techniques, and how to design your own program at the gym all in a fun group atmosphere. No sessions on statutory holidays, reduced rates apply.

<table>
<thead>
<tr>
<th>Ages 13 - 17</th>
<th>BirdCoop Fitness Centre</th>
<th>$175.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 17 – Jul 21</td>
<td>9:00 AM - 12:00 PM</td>
<td>20007</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>1:00 PM - 4:00 PM</td>
<td>20008</td>
</tr>
<tr>
<td>Aug 08 – Aug 11</td>
<td>9:00 AM - 12:00 PM</td>
<td>20009</td>
</tr>
</tbody>
</table>

### Fitness

#### Girls Time Teen Fitness

<table>
<thead>
<tr>
<th>Ages 13 - 17</th>
<th>BirdCoop Fitness Centre</th>
<th>$175.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 31 – Aug 04</td>
<td>1:00 PM - 4:00 PM</td>
<td>20544</td>
</tr>
<tr>
<td>Aug 14 – Aug 18</td>
<td>1:00 PM - 4:00 PM</td>
<td>20545</td>
</tr>
</tbody>
</table>

#### Teen Fit

<table>
<thead>
<tr>
<th>Ages 13 - 17</th>
<th>BirdCoop Fitness Centre</th>
<th>$175.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 17 – Jul 21</td>
<td>1:00 PM - 4:00 PM</td>
<td>20524</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>1:00 PM - 4:00 PM</td>
<td>20542</td>
</tr>
<tr>
<td>Aug 08 – Aug 11</td>
<td>9:00 AM - 12:00 PM</td>
<td>20543</td>
</tr>
</tbody>
</table>

### Football

#### Intro to Flag Football

This high intensity camp will teach participants basic offensive and defensive strategies, along with how to hold, throw, and catch a football. Participants should be prepared to run and work hard each day. Camp will be led by some of UBC Football’s top athletes, who will emphasize the importance of sportsmanship.

<table>
<thead>
<tr>
<th>Ages 8 - 12</th>
<th>UBC Ken Woods Field</th>
<th>$190.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 10 - Jul 14</td>
<td>1:00 PM - 4:00 PM</td>
<td>20636</td>
</tr>
<tr>
<td>Aug 14 - Aug 18</td>
<td>1:00 PM - 4:00 PM</td>
<td>20637</td>
</tr>
</tbody>
</table>

#### Intermediate Power Skating and Agility

This camp includes basic edge-work, speed and agility, and teaches fundamental off-ice hockey movements. This camp is a great way to learn different skating techniques and have fun! No sessions on statutory holidays, reduced rates apply.

<table>
<thead>
<tr>
<th>Ages 5 - 8</th>
<th>Doug Mitchell Centre</th>
<th>$225.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 04 - Jul 07</td>
<td>9:00 AM - 12:00 PM</td>
<td>19997</td>
</tr>
<tr>
<td>Jul 31 - Aug 04</td>
<td>1:00 PM - 4:00 PM</td>
<td>20007</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Ages 9 - 12</th>
<th>Doug Mitchell Centre</th>
<th>$225.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 04 - Jul 07</td>
<td>9:00 AM - 12:00 PM</td>
<td>19998</td>
</tr>
<tr>
<td>Jul 31 - Aug 04</td>
<td>1:00 PM - 4:00 PM</td>
<td>20008</td>
</tr>
</tbody>
</table>

### Girls Time Teen Fitness

This program is designed specifically for teenage girls who are interested in learning more about the benefits of a healthy, active lifestyle and feeling good about who you are. This fun camp is designed to help you learn muscle function, proper exercise techniques, the benefits of stretching and what’s in the food you eat!

<table>
<thead>
<tr>
<th>Ages 13 - 17</th>
<th>BirdCoop Fitness Centre</th>
<th>$175.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 31 – Aug 04</td>
<td>1:00 PM - 4:00 PM</td>
<td>20544</td>
</tr>
<tr>
<td>Aug 14 – Aug 18</td>
<td>1:00 PM - 4:00 PM</td>
<td>20545</td>
</tr>
</tbody>
</table>
This full day camp prepares campers for summer programming. Children will participate in a variety of indoor/outdoor sports, create artistic masterpieces and play at on-campus facilities, such as the NEW UBC Aquatic Centre, and BirdCoop Fitness Centre! Remember to bring a packed lunch.

Ages 5 – 12 | New UBC Camps HQ | $295.00
Jun 19 – Jun 23 9:00 AM – 4:00 PM 19964
Jun 26 – Jun 30 9:00 AM – 4:00 PM 19965

Start active and stay active with this camp’s introduction to sport! Instructors in this camp focus on having fun while also teaching children fundamental motor and movement skills, which are the building blocks for future athletic success. Activities and cooperative games are designed to encourage active play and develop balance, coordination and strength.

No sessions on statutory holidays, reduced rates apply.

Ages 3 – 4 | Osborne Gym A | $175.00
Jul 04 – Jul 07 9:00 AM – 12:00 PM 19336
Jul 10 – Jul 14 9:00 AM – 12:00 PM 19331
Jul 17 – Jul 21 9:00 AM – 12:00 PM 19332
Jul 24 – Jul 28 9:00 AM – 12:00 PM 19333
Jul 31 – Aug 04 9:00 AM – 12:00 PM 19334
Aug 08 – Aug 11 9:00 AM – 12:00 PM 19335
Aug 14 – Aug 18 9:00 AM – 12:00 PM 19337
Aug 21 – Aug 25 9:00 AM – 12:00 PM 19338

Ages 9 – 12 | Doug Mitchell Centre | $275.00
Aug 21 – Aug 25 1:00 PM – 3:15 PM 20030

Experience Lacrosse! The camp will focus on the techniques of passing, catching, shooting, dodging, and ground balls. A secondary focus will be on implementing these skills into game-like situations. This camp provides a great opportunity for children of all skill levels to develop the basics of field lacrosse or hone their talents in advance of the next season!

JUNIOR
Ages 7 – 9 | UBC Warren Field | $175.00
Jul 24 – Jul 28 9:00 AM – 12:00 PM 20626

SENIOR
Ages 10-12 | UBC Warren Field | $175.00
Jul 31 – Aug 04 1:00 PM – 4:00 PM 20627

Our High Performance Camps are designed for rep-level players looking to make a jump to the next level of rep hockey. These athletes will go through rigorous skating exercises, game-speed drills, and off-ice fitness and conditioning. Families registering for both weeks of Rep-Prep HP Camps will receive a 10% discount on both weeks of camps.

H3/H4
Ages 7 – 8 | Doug Mitchell Centre | $425.00
Aug 14 – Aug 18 9:00 AM – 2:30 PM 20025

Ages 7 – 8 | Doug Mitchell Centre | $275.00
Aug 21 – Aug 25 11:45 AM – 2:00 PM 20029

ATOM
Ages 9 – 10 | Doug Mitchell Centre | $425.00
Aug 14 – Aug 18 9:00 AM – 2:30 PM 20026

An exciting and fun environment where kids learn street safety, anti-bullying skills, and practical self-defense! Featuring Krav Maga and combat jujutsu, two award winning, multi-black belt instructors develop student confidence, fitness, and other critical life skills.

Ages 8 – 12 | SRC Dojo | $215.00
Jul 17 – Jul 21 9:00 AM – 12:00 PM 20594
Aug 14 – Aug 18 1:00 PM – 4:00 PM 20595
SPASH, PEDAL, AND DASH

Saturday, June 17th 2017  |  Ages 6 – 12 (12+ ask for more details)
Visit pointgreytri.ca for more information

CHOOSE YOUR DISTANCE, EVERYONE’S A WINNER!

• Swim 1x or 2x lengths at UBC Aquatic Centre
• Cycle 500m or 1km
• Run on Main Mall 500m or 1km

Have a picture on the podium after you finish and tell the other kids at school how much fun you had at UBC in a real swim, cycle and run!

INCLUDED: Guided and timed swim, cycle and run. Water bottle gift. Finish zone medal and podium digital photo opportunity, donuts and refreshments. The course is open for parents to be alongside/have access to their kids as they take part in this fun event.
Superstars Spectacular
Experience a variety of sports, games, and fun activities in this camp! Our goal is to teach young children some specialized sport skills, with a major focus being placed on increasing fundamental motor skills, teamwork, fair play, and sportsmanship. No sessions on statutory holidays, reduced rates apply.

Ages 5 – 6 | Osborne Gym A | $175.00
Jul 04 – Jul 07 9:00 AM – 12:00 PM 19379
Jul 10 – Jul 14 9:00 AM – 12:00 PM 19374
Jul 17 – Jul 21 9:00 AM – 12:00 PM 19375
Jul 24 – Jul 28 9:00 AM – 12:00 PM 19376
Jul 31 – Aug 04 9:00 AM – 12:00 PM 19377
Aug 08 – Aug 11 9:00 AM – 12:00 PM 19378
Aug 14 – Aug 18 9:00 AM – 12:00 PM 19379
Aug 21 – Aug 25 9:00 AM – 12:00 PM 19380
Aug 28 – Sep 01 9:00 AM – 12:00 PM 19381

Allstars Sport Sampler
Allstars Sports Sampler is a great chance to try multiple sports! Campers will learn sport specific skills through cooperative drills and games. Throughout the week, campers will learn to identify which muscle groups are activated when participating in each sport, be introduced to basic heart monitoring, and understand the importance of warm-ups and cool-downs. No sessions on statutory holidays, reduced rates apply.

Ages 7 – 9 | Osborne Gym A | $175.00
Jul 04 – Jul 07 9:00 AM – 12:00 PM 19357
Jul 10 – Jul 14 9:00 AM – 12:00 PM 19353
Jul 17 – Jul 21 9:00 AM – 12:00 PM 19354
Jul 24 – Jul 28 9:00 AM – 12:00 PM 19355
Jul 31 – Aug 04 9:00 AM – 12:00 PM 19356
Aug 08 – Aug 11 9:00 AM – 12:00 PM 19373
Aug 14 – Aug 18 9:00 AM – 12:00 PM 19358
Aug 21 – Aug 25 9:00 AM – 12:00 PM 19359
Aug 28 – Sep 01 9:00 AM – 12:00 PM 19360

Ages 10 – 12 | Osborne Gym A | $175.00
Jul 04 – Jul 07 9:00 AM – 12:00 PM 19347
Jul 10 – Jul 14 9:00 AM – 12:00 PM 19342
Jul 17 – Jul 21 9:00 AM – 12:00 PM 19343
Jul 24 – Jul 28 9:00 AM – 12:00 PM 19344
Jul 31 – Aug 04 9:00 AM – 12:00 PM 19345
Aug 08 – Aug 11 9:00 AM – 12:00 PM 19352
Aug 14 – Aug 18 9:00 AM – 12:00 PM 19346
Aug 21 – Aug 25 9:00 AM – 12:00 PM 19348
Aug 28 – Sep 01 9:00 AM – 12:00 PM 19349

Fast Track Rowing Camp
This program provides a comprehensive introduction to the sport of rowing including both on-land and on-water components. There is no pre-requisite to this program. No sessions on statutory holidays, reduced rates apply.

Ages 13 – 18 | John M.S. Lecky UBC Boathouse | $300.00
Jun 26 – Jun 30 12:00 PM – 4:00 PM 18308
Jul 04 – Jul 07 12:00 PM – 4:00 PM 18309
Jul 10 – Jul 14 12:00 PM – 4:00 PM 18310
Jul 17 – Jul 21 12:00 PM – 4:00 PM 18311
Jul 24 – Jul 28 12:00 PM – 4:00 PM 18312
Jul 31 – Aug 04 12:00 PM – 4:00 PM 18313
Aug 08 – Aug 11 12:00 PM – 4:00 PM 18314
Aug 14 – Aug 18 12:00 PM – 4:00 PM 18315
Aug 21 – Aug 25 12:00 PM – 4:00 PM 18316
Aug 28 – Sep 01 12:00 PM – 4:00 PM 18317

Quidditch
Welcome Harry Potter fans! Quidditch is an inclusive, strategic and fast-paced sport where imagination and athleticism combine. This introduction to the magical world of non-contact quidditch combines elements of many popular sports and is sure to delight!

Ages 8 – 11
UBC Buck or Wolfson East Field | $175.00
Jul 17 – Jul 21 9:00 AM – 12:00 PM 20624
Jul 24 – Jul 28 1:00 PM – 4:00 PM 20625

Rowing
★ Introduction to Rowing and Paddling
As an introductory program, we will provide campers with the opportunity to engage in both rowing and dragon boating. This fun-based program will teach the basics of both sports, including team building games and activities throughout the whole camp. No sessions on statutory holidays, reduced rates apply.

Ages 11 – 14
John M.S. Lecky UBC Boathouse | $132.50
Jul 26 – Jul 30 9:00 AM – 12:00 PM 20369
Jul 31 – Aug 04 9:00 AM – 12:00 PM 20367
Aug 07 – Aug 11 9:00 AM – 12:00 PM 20368
Aug 14 – Aug 18 1:00 PM – 4:00 PM 20370
Aug 21 – Aug 25 1:00 PM – 4:00 PM 20371
Aug 28 – Sep 01 9:00 AM – 12:00 PM 20372

Sailing
Provided by: MacSailing
Beach Kids
Beach Kids is a program for children 5-7 years of age who want to learn about sailing and water safety. The aim of this program is to help build children’s confidence around boats and the ocean, emphasizing safety and boating fun! Note: camp runs on statutory holidays.

Ages 5 – 7 | Jericho Sailing Centre | $236.25
Jun 19 – Jun 23 1:00 PM – 4:00 PM 20190
Jun 26 – Jun 30 9:00 AM – 12:00 PM 20191
Jul 03 – Jul 07 1:00 PM – 4:00 PM 20192
Jul 10 – Jul 14 1:00 PM – 4:00 PM 20193
Jul 17 – Jul 21 1:00 PM – 4:00 PM 20365
Jul 24 – Jul 28 9:00 AM – 12:00 PM 20366
Jul 31 – Aug 04 9:00 AM – 12:00 PM 20367
Aug 07 – Aug 11 9:00 AM – 12:00 PM 20369
Aug 14 – Aug 18 1:00 PM – 4:00 PM 20370
Aug 21 – Aug 25 1:00 PM – 4:00 PM 20371
Aug 28 – Sep 01 9:00 AM – 12:00 PM 20372

Fabulous 5 Sport Experience
This camp incorporates 5 popular high school sports: basketball, soccer, track & field, touch rugby, and badminton. Each day will have a different focus, with sport specific instruction and game-play situations making for a stimulating and challenging learning environment. Staff will help campers set personal fitness goals for the week, creating a space that encourages varying abilities and differences in sport to be respected. There will also be the opportunity for campers to design their own warm-up and cool-down drills. No sessions on statutory holidays, reduced rates apply.
Sail Optis (Level 1)
The course is designed to introduce participants to the basics of sailing, while maintaining a fun and safe atmosphere. Please Note: you must take level 1 before level 2. Note: camp runs on statutory holidays.

Ages 7 – 10 | Jericho Sailing Centre | $236.25
---
Jun 19 – Jun 23
9:00 AM – 12:00 PM 20410
1:00 PM – 4:00 PM 20411
Jun 26 – Jun 30
9:00 AM – 12:00 PM 20412
1:00 PM – 4:00 PM 20413
Jul 03 – Jul 07
1:00 PM – 4:00 PM 20415
Jul 10 – Jul 14
9:00 AM – 12:00 PM 20416
Jul 17 – Jul 21
9:00 AM – 12:00 PM 20418
Jul 24 – Jul 28
1:00 PM – 4:00 PM 20421
Jul 31 – Aug 04
9:00 AM – 12:00 PM 20422
1:00 PM – 4:00 PM 20423
Aug 07 – Aug 11
1:00 PM – 4:00 PM 20425
Aug 14 – Aug 18
1:00 PM – 4:00 PM 20428
Aug 21 – Aug 25
9:00 AM – 12:00 PM 20429
Aug 28 – Sep 01
1:00 PM – 4:00 PM 20431

Sail Optis (Level 2)
In Level 2 students are introduced to the different points of sail and the basic rules of the road. They will be taught how to sail in stronger winds and waves along with proper seamanship. Please Note: you must take level 1 before level 2. Note: camp runs on statutory holidays.

Ages 7 – 10 | Jericho Sailing Centre | $236.25
---
Jul 03 – Jul 07
9:00 AM – 12:00 PM 20414
Jul 10 – Jul 14
1:00 PM – 4:00 PM 20417
Jul 24 – Jul 28
9:00 AM – 12:00 PM 20432
Aug 07 – Aug 11
9:00 AM – 12:00 PM 20424
Aug 14 – Aug 18
9:00 AM – 12:00 PM 20427

Sail Optis (Level 3)
Level 3 teaches sailors to become more independent as they will now sail for longer distances and durations. They will also be introduced to the basics of racing. Half day program, must take level 1 before level 2. Please Note: you must take level 2 before level 3. Note: camp runs on statutory holidays.

Ages 7 – 10 | Jericho Sailing Centre | $236.25
---
Jul 17 – Jul 21
1:00 PM – 4:00 PM 20419
Aug 07 – Aug 11
1:00 PM – 4:00 PM 20426
Aug 21 – Aug 25
1:00 PM – 4:00 PM 20430

Sail Escapes
Sail Escape courses are for beginner and intermediate sailors aged 10-14 years old. Please Note: you must take level 1 before level 2. Note: camp runs on statutory holidays.

LEVEL 1
Ages 10 – 14 | Jericho Sailing Centre | $236.25
---
Jun 19 – Jun 23
9:00 AM – 12:00 PM 20388
1:00 PM – 4:00 PM 20389
Jun 26 – Jun 30
9:00 AM – 12:00 PM 20390
1:00 PM – 4:00 PM 20391
Jul 03 – Jul 07
9:00 AM – 12:00 PM 20392
Jul 10 – Jul 14
9:00 AM – 12:00 PM 20394
1:00 PM – 4:00 PM 20395
Jul 17 – Jul 21
9:00 AM – 12:00 PM 20396
1:00 PM – 4:00 PM 20397
Jul 24 – Jul 28
1:00 PM – 4:00 PM 20399
Jul 31 – Aug 04
9:00 AM – 12:00 PM 20400
Aug 07 – Aug 11
9:00 AM – 12:00 PM 20402
1:00 PM – 4:00 PM 20403
Aug 14 – Aug 18
9:00 AM – 12:00 PM 20404
Aug 21 – Aug 25
9:00 AM – 12:00 PM 20406
1:00 PM – 4:00 PM 20407
Aug 28 – Sep 01
9:00 AM – 12:00 PM 20408
1:00 PM – 4:00 PM 20409

LEVEL 2
Ages 10 – 14 | Jericho Sailing Centre | $262.50
---
Jul 03 – Jul 07
1:00 PM – 4:00 PM 20393
Jul 24 – Jul 28
9:00 AM – 12:00 PM 20398
Jul 31 – Aug 04
1:00 PM – 4:00 PM 20401
Aug 14 – Aug 18
1:00 PM – 4:00 PM 20405

CANSail Program (Level 1)
The CANSail programs are rigorous and internationally recognized. We recommend that younger students take at least one sailing camp before entering the CANSail program. Please Note: you must take level 1 before level 2. Note: camp runs on statutory holidays.

Ages 11 – 16 | Jericho Sailing Centre | $262.50
---
Jun 19 – Jun 23
1:00 PM – 4:30 PM 20373
Jun 26 – Jun 30
1:00 PM – 4:30 PM 20216
Jul 03 – Jul 07
9:00 AM – 12:30 PM 20375
Jul 10 – Jul 14
9:00 AM – 12:30 PM 20376
Jul 17 – Jul 21
9:00 AM – 12:30 PM 20377
Jul 24 – Jul 28
1:00 PM – 4:30 PM 20379
Jul 31 – Aug 04
9:00 AM – 12:30 PM 20380
Aug 07 – Aug 11
9:00 AM – 12:30 PM 20382
Aug 14 – Aug 18
9:00 AM – 12:30 PM 20383
Aug 21 – Aug 25
9:00 AM – 12:30 PM 20384
Aug 28 – Sep 01
9:00 AM – 12:30 PM 20386

CANSail Program (Level 2)
In CANSail 2 you will develop your sailing techniques while learning about sail controls, local geography and weather and right of way rules. Upon completion of CANSail 2 you will be able to confidently skipper your own small sailboat. Please Note: you must take level 2 before level 3. Note: camp runs on statutory holidays.

Ages 11 – 16 | Jericho Sailing Centre | $262.50
---
Jun 26 – Jun 30
9:00 AM – 12:30 PM 20374
Jul 24 – Jul 28
1:00 PM – 4:30 PM 20379
Jul 31 – Aug 04
9:00 AM – 12:30 PM 20380
Aug 21 – Aug 25
1:00 PM – 4:30 PM 20385
Aug 28 – Sep 01
1:00 PM – 4:30 PM 20387

POPULAR PAIRINGS
Soccer + Tennis
camps.ubc.ca/popular-pairings
Skateboard & BMX

**Intro Camp**
This program is aimed at developing basic skills for children who are new to skateboarding and/or BMX biking. There is a strong emphasis on safety and the importance of park etiquette. Camp instructors will work with participants to improve their balance, speed control, flexibility, and falling technique. No sessions on statutory holidays, reduced rates apply.

*Ages 6 – 9 | Tennis Bubble Alley | $210.00*

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 04 – Jul 07</td>
<td>9:00 AM - 12:00 PM</td>
<td>19413</td>
</tr>
<tr>
<td>Jul 17 – Jul 21</td>
<td>9:00 AM - 12:00 PM</td>
<td>19414</td>
</tr>
<tr>
<td>Jul 31 – Aug 04</td>
<td>9:00 AM - 12:00 PM</td>
<td>19415</td>
</tr>
<tr>
<td>Aug 14 – Aug 18</td>
<td>9:00 AM - 12:00 PM</td>
<td>19416</td>
</tr>
<tr>
<td>Aug 28 – Sep 01</td>
<td>9:00 AM - 12:00 PM</td>
<td>19417</td>
</tr>
</tbody>
</table>

**Advanced Park Camp**
This camp gives participants the opportunity to practice their techniques in various skate parks across the Lower Mainland (transportation provided). This camp is intended for intermediate level riders or higher who are comfortable with the basics, and are ready to try more advanced maneuvering. Safety will be our top priority. Skate/BMX helmets are mandatory (no bike helmets), and other padding recommended. No sessions on statutory holidays, reduced rates apply.

*Ages 10 – 16 | Tennis Bubble Alley | $330.00*

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 10 – Jul 14</td>
<td>9:00 AM - 4:00 PM</td>
<td>19418</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>9:00 AM - 4:00 PM</td>
<td>19419</td>
</tr>
<tr>
<td>Aug 08 – Aug 11</td>
<td>9:00 AM - 4:00 PM</td>
<td>19420</td>
</tr>
<tr>
<td>Aug 21 – Aug 25</td>
<td>9:00 AM - 4:00 PM</td>
<td>19421</td>
</tr>
</tbody>
</table>

Skimboarding

**Skimboarding**

*Provided by: Windsure Adventure Watersports*

This camp welcomes riders of all abilities. Learn how to throw the board, skim, perform basic maneuvers, and more! Based on tidal conditions, some days may include other activities, such as Stand Up Paddling. Note: camp runs on statutory holidays.

**BEGINNERS**
*Ages 7 – 18 | Jericho Sailing Centre | $194.25*

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jun 26 – Jun 30</td>
<td>1:00 PM - 4:00 PM</td>
<td>20097</td>
</tr>
<tr>
<td>Jul 03 – Jul 07</td>
<td>9:00 AM - 12:00 PM</td>
<td>20105</td>
</tr>
<tr>
<td>Jul 10 – Jul 14</td>
<td>1:00 PM - 4:00 PM</td>
<td>20106</td>
</tr>
<tr>
<td>Jul 17 – Jul 21</td>
<td>9:00 AM - 12:00 PM</td>
<td>20098</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>1:00 PM - 4:00 PM</td>
<td>20101</td>
</tr>
<tr>
<td>Jul 31 – Aug 04</td>
<td>9:00 AM - 12:00 PM</td>
<td>20100</td>
</tr>
<tr>
<td>Aug 07 – Aug 11</td>
<td>1:00 PM - 4:00 PM</td>
<td>20102</td>
</tr>
<tr>
<td>Aug 21 – Aug 25</td>
<td>1:00 PM - 4:00 PM</td>
<td>20099</td>
</tr>
</tbody>
</table>

**ADVANCED**
*Ages 13 – 18 | Jericho Sailing Centre | $204.75*

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 03 – Jul 07</td>
<td>9:00 AM - 12:00 PM</td>
<td>20299</td>
</tr>
<tr>
<td>Jul 10 – Jul 14</td>
<td>1:00 PM - 4:00 PM</td>
<td>20301</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>1:00 PM - 4:00 PM</td>
<td>20130</td>
</tr>
<tr>
<td>Aug 07 – Aug 11</td>
<td>1:00 PM - 4:00 PM</td>
<td>20131</td>
</tr>
<tr>
<td>Aug 14 – Aug 18</td>
<td>9:00 AM - 12:00 PM</td>
<td>20132</td>
</tr>
</tbody>
</table>

Stand Up Paddling

**Stand Up Paddling**

*Provided by: Windsure Adventure Watersports*

This camp will provide beginners with the skills, knowledge, and equipment they need to become self-sufficient stand up paddlers. On beach discussion, on ocean/bay awareness, and 5-point proper paddle technique will also be covered. Beach and ocean games add to the fun! Note: camp runs on statutory holidays.

**Ages 8 – 18 | Jericho Sailing Centre | $194.25**

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jun 26 – Jun 30</td>
<td>9:00 AM - 12:00 PM</td>
<td>20097</td>
</tr>
<tr>
<td>Jul 03 – Jul 07</td>
<td>9:00 AM - 12:00 PM</td>
<td>20105</td>
</tr>
<tr>
<td>Jul 10 – Jul 14</td>
<td>1:00 PM - 4:00 PM</td>
<td>20106</td>
</tr>
<tr>
<td>Jul 17 – Jul 21</td>
<td>9:00 AM - 12:00 PM</td>
<td>20098</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>1:00 PM - 4:00 PM</td>
<td>20101</td>
</tr>
<tr>
<td>Jul 31 – Aug 04</td>
<td>9:00 AM - 12:00 PM</td>
<td>20100</td>
</tr>
<tr>
<td>Aug 07 – Aug 11</td>
<td>1:00 PM - 4:00 PM</td>
<td>20102</td>
</tr>
<tr>
<td>Aug 21 – Aug 25</td>
<td>1:00 PM - 4:00 PM</td>
<td>20099</td>
</tr>
</tbody>
</table>

**Ages 13 – 18 | Jericho Sailing Centre | $204.75**

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 03 – Jul 07</td>
<td>9:00 AM - 12:00 PM</td>
<td>20299</td>
</tr>
<tr>
<td>Jul 10 – Jul 14</td>
<td>1:00 PM - 4:00 PM</td>
<td>20301</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>1:00 PM - 4:00 PM</td>
<td>20130</td>
</tr>
<tr>
<td>Aug 07 – Aug 11</td>
<td>1:00 PM - 4:00 PM</td>
<td>20131</td>
</tr>
<tr>
<td>Aug 14 – Aug 18</td>
<td>9:00 AM - 12:00 PM</td>
<td>20132</td>
</tr>
</tbody>
</table>

**Ages 14 – 18 | Jericho Sailing Centre | $214.75**

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 03 – Jul 07</td>
<td>9:00 AM - 12:00 PM</td>
<td>20299</td>
</tr>
<tr>
<td>Jul 10 – Jul 14</td>
<td>1:00 PM - 4:00 PM</td>
<td>20301</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>1:00 PM - 4:00 PM</td>
<td>20130</td>
</tr>
<tr>
<td>Aug 07 – Aug 11</td>
<td>1:00 PM - 4:00 PM</td>
<td>20131</td>
</tr>
<tr>
<td>Aug 14 – Aug 18</td>
<td>9:00 AM - 12:00 PM</td>
<td>20132</td>
</tr>
</tbody>
</table>
Kickstart

The Kickstart program is for players wanting to advance their skills from Mini World Cup. Focus will be placed on technical skill development and small-sided games. Players should have some team experience and will be separated into groups depending on age and skill level. In this camp, participants should come prepared to work hard on improving and expanding their skill base. No sessions on statutory holidays, reduced rates apply.

Ages 8 - 12 | UBC/City of Vancouver | $187.00

- Jul 04 - Jul 07  : 1:00 PM - 4:00 PM 19459
- Jul 10 - Jul 14 : 9:00 AM - 12:00 PM 19461
- Jul 17 - Jul 21 : 1:00 PM - 4:00 PM 19462
- Jul 24 - Jul 28 : 9:00 AM - 12:00 PM 19464
- Jul 31 - Aug 04 : 9:00 AM - 12:00 PM 19465
- Aug 08 - Aug 11 : 1:00 PM - 4:00 PM 19466
- Aug 14 - Aug 18 : 9:00 AM - 12:00 PM 19468
- Aug 21 - Aug 25 : 9:00 AM - 12:00 PM 19469
- Aug 28 - Sep 01 : 9:00 AM - 12:00 PM 19470

Kickstart Advanced

Kickstart Advanced is designed for experienced soccer players who are determined to take full advantage of the opportunity to challenge themselves. More advanced dribbling techniques, one-on-one situations, passing and defending, shooting and team game strategies are covered in detail. No sessions on statutory holidays, reduced rates apply.

Ages 8 - 14 | UBC Ken Woods Field | $187.00

- Jul 04 - Jul 07  : 1:00 PM - 4:00 PM 19472
- Jul 10 - Jul 14 : 9:00 AM - 12:00 PM 19474
- Jul 17 - Jul 21 : 1:00 PM - 4:00 PM 19475
- Jul 24 - Jul 28 : 9:00 AM - 12:00 PM 19477
- Jul 31 - Aug 04 : 9:00 AM - 12:00 PM 19478
- Aug 08 - Aug 11 : 1:00 PM - 4:00 PM 19479
- Aug 14 - Aug 18 : 9:00 AM - 12:00 PM 19481
- Aug 21 - Aug 25 : 9:00 AM - 12:00 PM 19482
- Aug 28 - Sep 01 : 9:00 AM - 12:00 PM 19483

Mini World Cup

Experience World Cup spirit and gain new soccer skills in our always active and always fun Mini World Cup program! Emphasis is placed on sportsmanship, basic soccer skills (passing, dribbling, shooting) and an overall love for the sport. The week concludes with a festive tournament, parade, and awards ceremony. No sessions on statutory holidays, reduced rates apply.

Ages 4 - 7 | UBC Ken Woods Field | $187.00

- Jul 04 - Jul 07  : 9:00 AM - 12:00 PM 19446
- Jul 10 - Jul 14 : 9:00 AM - 12:00 PM 19448
- Jul 17 - Jul 21 : 9:00 AM - 12:00 PM 19449
- Jul 24 - Jul 28 : 9:00 AM - 12:00 PM 19451
- Jul 31 - Aug 04 : 9:00 AM - 12:00 PM 19452
- Aug 08 - Aug 11 : 9:00 AM - 12:00 PM 19453
- Aug 14 - Aug 18 : 9:00 AM - 12:00 PM 19455
- Aug 21 - Aug 25 : 9:00 AM - 12:00 PM 19456
- Aug 28 - Sep 01 : 9:00 AM - 12:00 PM 19457

Ages 4 - 7 | COV Douglas Park | $187.00

- Jul 04 - Jul 07  : 9:00 AM - 12:00 PM 19444
- Aug 08 - Aug 11 : 9:00 AM - 12:00 PM 19444

Soccer

Field Mice

Children and parents are guided through a friendly and accessible introduction to a variety of soccer skills, tag games and minor games. Each child must be accompanied by a participating adult, so everyone should be ready and prepared to join in the fun! This camp is a great way to help your young child further develop key locomotor, balance and ball skills. No sessions on statutory holidays, reduced rates apply.

Ages 2 - 3 | UBC Ken Woods Field | $72.00

- Jul 04 - Jul 07  : 9:30 AM - 10:15 AM 19433
- Jul 10 - Jul 14 : 9:30 AM - 10:15 AM 19435
- Jul 17 - Jul 21 : 9:30 AM - 10:15 AM 19436
- Jul 24 - Jul 28 : 9:30 AM - 10:15 AM 19438
- Jul 31 - Aug 04 : 9:30 AM - 10:15 AM 19439
- Aug 08 - Aug 11 : 9:30 AM - 10:15 AM 19440
- Aug 14 - Aug 18 : 9:30 AM - 10:15 AM 19442
- Aug 21 - Aug 25 : 9:30 AM - 10:15 AM 19443
- Aug 28 - Sep 01 : 9:30 AM - 10:15 AM 19444

Ages 2 - 3 | COV Douglas Park | $72.00

- Jul 04 - Jul 07  : 9:30 AM - 10:15 AM 19434
- Jul 17 - Jul 21 : 9:30 AM - 10:15 AM 19437
- Aug 08 - Aug 11 : 9:30 AM - 10:15 AM 19441

Ages 8 - 12 | UBC/City of Vancouver | $149.60

- Jul 04 - Jul 07  : 9:00 AM - 12:00 PM 19460
- Jul 17 - Jul 21 : 9:00 AM - 12:00 PM 19463
- Aug 08 - Aug 11 : 9:00 AM - 12:00 PM 19467

Ages 8 - 12 | COV Douglas Park

- Jul 04 - Jul 07  : 9:00 AM - 12:00 PM 19460
- Jul 17 - Jul 21 : 9:00 AM - 12:00 PM 19463
- Aug 08 - Aug 11 : 9:00 AM - 12:00 PM 19467
<table>
<thead>
<tr>
<th>Ages 8 - 14</th>
<th>COV Douglas Park</th>
<th>$187.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 04 - Jul 07</td>
<td>9:00 AM - 12:00 PM</td>
<td>19473</td>
</tr>
<tr>
<td>Jul 17 - Jul 21</td>
<td>9:00 AM - 12:00 PM</td>
<td>19476</td>
</tr>
<tr>
<td>Aug 08 - Aug 11</td>
<td>9:00 AM - 12:00 PM</td>
<td>19480</td>
</tr>
</tbody>
</table>

**T-Bird Elite**  
(Advanced and Motivated)

[Image]

Mike Mosher  
Head Coach, UBC Men’s Soccer  
Jesse Symons  
Head Coach, UBC Women’s Soccer

UBC Head Coaches Mike Mosher and Jesse Symons, along with varsity assistant coaches and top varsity athletes of the Men’s and Women’s UBC Soccer programs, will provide instruction in this intense program designed for SELECT, GOLD, SILVER or METRO players only. Advanced skill development including performing technical skills in pressured situations, small sided games, attacking and defending principles and coached scrimmages will all be stressed.

<table>
<thead>
<tr>
<th>Ages 9 - 14</th>
<th>Thunderbird Park – Warren Field</th>
<th>$190.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 17 - Jul 21</td>
<td>9:00 AM - 12:00 PM</td>
<td>20591</td>
</tr>
<tr>
<td>Aug 21 - Aug 25</td>
<td>9:00 AM - 12:00 PM</td>
<td>20590</td>
</tr>
</tbody>
</table>

**Goalkeepers Session**

[Image]

Mike Mosher  
Head Coach, UBC Men’s Soccer  
Jesse Symons  
Head Coach, UBC Women’s Soccer

UBC Head Coaches Mike Mosher and Jesse Symons, along with varsity assistant coaches and top varsity athletes of the Men’s and Women’s UBC Soccer programs, will provide position specific instruction for goaltenders at the High Performance level. Focus will be placed on technical instruction and goalkeeper drills, as well as participation in game situations with the T-Bird Elite program or other age/ability level appropriate groups.

<table>
<thead>
<tr>
<th>Ages 9 - 14</th>
<th>Thunderbird Park – Warren Field</th>
<th>$190.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 17 - Jul 21</td>
<td>9:00 AM - 12:00 PM</td>
<td>20588</td>
</tr>
<tr>
<td>Aug 21 - Aug 25</td>
<td>9:00 AM - 12:00 PM</td>
<td>20589</td>
</tr>
</tbody>
</table>

**Mike Mosher,**  
Head Coach UBC Men’s Soccer

As the head coach of the most successful men’s soccer program in the history of the CIS, Mosher has guided the UBC Thunderbirds to four national titles (2005, 2007, 2012, and 2013) and owns an incredible 20-4 record in games played at the CIS Men’s Soccer Championship tournament. Mosher also played four years with the Canadian Olympic team and spent four seasons in the Canadian Soccer League with the Edmonton Brickmen and the Winnipeg Fury. A UBC physical education graduate, Mosher also completed his master’s degree in arts at UBC, specializing in sport management.

**NEW!**

Afternoon Soccer Camps!

Kickstart and Kickstart Advanced offered select weeks.
UBC Football ID Camp is a skills camp which will focus on developing the fundamentals of each position. The camp is divided into two separate focus areas:

1. Run (Offensive Lineman, Defensive Lineman, Running Back, Linebacker)
2. Pass (Wide Receiver, Defensive Back, Quarterback)

The camp will consist of 3 practices (2 on-field & 1 classroom), plus a session on UBC academic requirements and tips on how to be recruited.

UBC CAMPS AND FACULTY OF EDUCATION SUMMER PROGRAM:
Located at Cheakamus Centre in Paradise Valley, Squamish.

A NEW KIND OF EXPERIENTIAL LEARNING: Programming designed to build confidence, leadership skills, forge friendships and more!

SEE PAGE 13 FOR MORE INFORMATION.
Strength & Conditioning

Strength, Power, Speed Foundations Camp

Joe McCullum
Head Coach, Strength & Conditioning

Our pre-teen foundation camp will set the stage for young athletes to develop the fundamental movement patterns and tools necessary for sport and overall health. Each day will consist of two, 90-minute sessions, one in the weight room and the other outside on-field, focusing on physical literacy. This half-day camp focuses on having fun while teaching youth fundamental motor and movement patterns, which are the building blocks for future athletic successes. No sessions on statutory holidays, reduced rates apply.

Ages 9 – 12
Smith and Laycoe Varsity Training Centre | $195.00

<table>
<thead>
<tr>
<th>Start Date</th>
<th>End Date</th>
<th>Time</th>
<th>Camp Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 04 – Jul 08</td>
<td>Jul 04 – Jul 08</td>
<td>9:00 AM – 12:00 PM</td>
<td>19546</td>
</tr>
<tr>
<td>Jul 10 – Jul 14</td>
<td>Jul 10 – Jul 14</td>
<td>9:00 AM – 12:00 PM</td>
<td>19547</td>
</tr>
<tr>
<td>Jul 17 – Jul 21</td>
<td>Jul 17 – Jul 21</td>
<td>9:00 AM – 12:00 PM</td>
<td>19548</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>Jul 24 – Jul 28</td>
<td>9:00 AM – 12:00 PM</td>
<td>19549</td>
</tr>
<tr>
<td>Jul 31 – Aug 04</td>
<td>Jul 31 – Aug 04</td>
<td>9:00 AM – 12:00 PM</td>
<td>19550</td>
</tr>
<tr>
<td>Aug 08 – Aug 11</td>
<td>Aug 08 – Aug 11</td>
<td>9:00 AM – 12:00 PM</td>
<td>19551</td>
</tr>
<tr>
<td>Aug 14 – Aug 18</td>
<td>Aug 14 – Aug 18</td>
<td>9:00 AM – 12:00 PM</td>
<td>19552</td>
</tr>
</tbody>
</table>

Strength, Power, Speed Performance Camp

Joe McCullum
Head Coach, Strength & Conditioning

This camp will teach participants the fundamental weight lifting techniques within the Smith and Laycoe Varsity Training Centre. Each day will consist of two, 90-minute sessions, one in the weight room and the other outside on-field, focusing on physical literacy. Participants will utilize cutting edge sport science tools, and will receive individual testing utilizing force plates, jump mats and traditional strength and power assessment tools. No sessions on statutory holidays, reduced rates apply.

Ages 13 – 18
Smith and Laycoe Varsity Training Centre | $285.00

<table>
<thead>
<tr>
<th>Start Date</th>
<th>End Date</th>
<th>Time</th>
<th>Camp Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 04 – Jul 08</td>
<td>Jul 04 – Jul 08</td>
<td>1:00 PM – 4:00 PM</td>
<td>19554</td>
</tr>
<tr>
<td>Jul 10 – Jul 14</td>
<td>Jul 10 – Jul 14</td>
<td>1:00 PM – 4:00 PM</td>
<td>19555</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>Jul 24 – Jul 28</td>
<td>1:00 PM – 4:00 PM</td>
<td>19557</td>
</tr>
</tbody>
</table>

Soccer Specific Strength, Power, Speed Performance Camp

Joe McCullum
Head Coach, Strength & Conditioning

This half-day camp introduces young athletes to soccer specific strength training and fundamental movement patterns required for success on the pitch! Each day campers will learn specific warm up and cool down procedures, as well as basic bodyweight strength movements, agility/quick footwork, basic sprint mechanics, and body awareness drills. We will follow up the strength and conditioning work with soccer scrimmages and small sided games to tie in the movement patterns covered earlier in the session. No sessions on statutory holidays, reduced rates apply.

Ages 9 – 18
Smith and Laycoe Varsity Training Centre | $285.00

<table>
<thead>
<tr>
<th>Start Date</th>
<th>End Date</th>
<th>Time</th>
<th>Camp Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 31 – Aug 04</td>
<td>Aug 04 – Aug 04</td>
<td>1:00 PM – 4:00 PM</td>
<td>19558</td>
</tr>
<tr>
<td>Aug 08 – Aug 11</td>
<td>Aug 11 – Aug 11</td>
<td>1:00 PM – 4:00 PM</td>
<td>19559</td>
</tr>
<tr>
<td>Aug 14 – Aug 18</td>
<td>Aug 18 – Aug 18</td>
<td>1:00 PM – 4:00 PM</td>
<td>19560</td>
</tr>
</tbody>
</table>

Strength and Conditioning for Endurance Athletes

Targeted at campers who engage in sports with an endurance component, this program will help youth to understand how to use strength and conditioning to improve their sport performance and avoid injury. No sessions on statutory holidays, reduced rates apply.

Ages 13 – 18
John M.S. Lecky UBC Boathouse | $140.00

<table>
<thead>
<tr>
<th>Start Date</th>
<th>End Date</th>
<th>Time</th>
<th>Camp Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jun 26 – Jun 30</td>
<td>Jun 30 – Jun 30</td>
<td>9:00 AM – 11:00 AM</td>
<td>20516</td>
</tr>
<tr>
<td>Jul 10 – Jul 14</td>
<td>Jul 14 – Jul 14</td>
<td>9:00 AM – 11:00 AM</td>
<td>20517</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>Jul 28 – Jul 28</td>
<td>9:00 AM – 11:00 AM</td>
<td>20518</td>
</tr>
<tr>
<td>Aug 08 – Aug 11</td>
<td>Aug 11 – Aug 11</td>
<td>9:00 AM – 11:00 AM</td>
<td>20519</td>
</tr>
<tr>
<td>Aug 21 – Aug 25</td>
<td>Aug 25 – Aug 25</td>
<td>9:00 AM – 11:00 AM</td>
<td>20520</td>
</tr>
</tbody>
</table>

POPULAR PAIRINGS

Hockey + Strength & Conditioning

Unsure which morning and afternoon camps to combine to create a full day experience for your child? Don’t worry, we’ve got you covered!
camps.ubc.ca/popular-pairings
Table Tennis

Table Tennis Camp

Your child will be kept engaged while practicing in the sport of table tennis in this unique and exciting camp. This program offers hands-on table tennis instruction fit for all levels, and will teach youth basic skills including different grips, strokes, and spins to perfect their table tennis game. Through a combination of lessons, practice matches, and open play, participants will also improve their hand-eye coordination and develop muscle memory. No sessions on statutory holidays, reduced rates apply.

Ages 8 – 12 | SRC Studio | $188.00
Jul 04 – Jul 07 9:00 AM – 12:00 PM 20599
Jul 10 – Jul 14 1:00 PM – 4:00 PM 20600

Table Tennis

Baby Thunderbird Camp

This is the perfect camp to introduce your child to the game of tennis. Children will work on different hand eye coordination exercises that will help them with footwork and how to make proper impact with the ball. A parent/guardian is required to attend the sessions and join in on the fun. No sessions on statutory holidays, reduced rates apply.

Ages 3 – 5 | UBC Tennis Centre | $90.78
Jul 04 – Jul 07 9:00 AM – 10:00 AM 19914
Jul 10 – Jul 14 9:00 AM – 10:00 AM 19915
Jul 17 – Jul 21 9:00 AM – 10:00 AM 19916
Jul 24 – Jul 28 9:00 AM – 10:00 AM 19917
Jul 31 – Aug 04 9:00 AM – 10:00 AM 19918
Aug 08 – Aug 11 9:00 AM – 10:00 AM 19919
Aug 14 – Aug 18 9:00 AM – 10:00 AM 19920
Aug 21 – Aug 25 9:00 AM – 10:00 AM 19921
Aug 28 – Sep 01 9:00 AM – 10:00 AM 19922

Tchoukball

★ Tchoukball 101

Tchoukball is a cooperative, non-contact sport designed to support fair play among participants of varying athletic ability. This sport incorporates elements of handball, volleyball, and squash, requiring players to stay alert and fine tune their throwing and catching abilities. (Re)discover the joy of team sports with easy game rules and fun, supportive game play. No sessions on statutory holidays, reduced rates apply.

Ages 8 – 11 | Doug Mitchell Centre | $140.00
Jul 04 – Jul 07 1:00 PM – 4:00 PM 20623

Jan 17 – Jul 21 9:00 AM – 4:00 PM 19841
Jul 24 – Jul 28 9:00 AM – 4:00 PM 19842
Jul 31 – Aug 04 9:00 AM – 4:00 PM 19843
Aug 08 – Aug 11 9:00 AM – 4:00 PM 19844
Aug 14 – Aug 18 9:00 AM – 4:00 PM 19845
Aug 21 – Aug 25 9:00 AM – 4:00 PM 19846
Aug 28 – Sep 01 9:00 AM – 4:00 PM 19847

FULL DAY CAMP

Ages 5 – 18 | UBC Tennis Centre | $364.14
Jul 04 – Jul 07 9:00 AM – 4:00 PM 19839
Jul 10 – Jul 14 9:00 AM – 4:00 PM 19840

HALF DAY CAMP

Ages 5 – 18 | UBC Tennis Centre | $201.96
Jul 04 – Jul 07 9:00 AM – 12:00 PM 19900
1:00 PM – 4:00 PM 19901
Jul 10 – Jul 14 9:00 AM – 12:00 PM 19902
1:00 PM – 4:00 PM 19903
Jul 17 – Jul 21 9:00 AM – 12:00 PM 19904
1:00 PM – 4:00 PM 19905
Jul 24 – Jul 28 9:00 AM – 12:00 PM 19906
1:00 PM – 4:00 PM 19907
Jul 31 – Aug 04 9:00 AM – 12:00 PM 19908
1:00 PM – 4:00 PM 19909
Aug 08 – Aug 11 9:00 AM – 12:00 PM 19910
1:00 PM – 4:00 PM 19911
Aug 14 – Aug 18 9:00 AM – 12:00 PM 19912
1:00 PM – 4:00 PM 19913
Aug 21 – Aug 25 9:00 AM – 12:00 PM 19914
1:00 PM – 4:00 PM 19915
Aug 28 – Sep 01 9:00 AM – 12:00 PM 19916
1:00 PM – 4:00 PM 19917

Jr Development Camp

Learn the fundamentals of tennis in a fun camp environment! Children will learn the technical skills of the strokes in the game, as well as learn the scoring system and how to play matches. This camp is designed for beginner and competitive players.

Please note: all campers will be allocated to groups based on age and skill to ensure the appropriate level. No sessions on statutory holidays, reduced rates apply.

FULL DAY CAMP

Ages 5 – 18 | UBC Tennis Centre | $364.14
Jul 04 – Jul 07 9:00 AM – 4:00 PM 19839
Jul 10 – Jul 14 9:00 AM – 4:00 PM 19840

High Performance Camp

This camp is for high performance tennis players who compete in provincial tournaments. Players will work on all components of the game and learn how to handle match play pressure situations. All players in this camp must be approved by the Tennis Centre coaching staff before registering. No sessions on statutory holidays, reduced rates apply.

Ages 12 – 18 | UBC Tennis Centre | $442.68
Jul 04 – Jul 07 8:00 AM – 1:00 PM 19849
1:00 PM – 4:00 PM 19850
Jul 10 – Jul 14 8:00 AM – 1:00 PM 19851
1:00 PM – 4:00 PM 19852
Jul 17 – Jul 21 8:00 AM – 1:00 PM 19853
1:00 PM – 4:00 PM 19854
Jul 24 – Jul 28 8:00 AM – 1:00 PM 19855
1:00 PM – 4:00 PM 19856
Jul 31 – Aug 04 8:00 AM – 1:00 PM 19857
1:00 PM – 4:00 PM 19858
Aug 08 – Aug 11 8:00 AM – 1:00 PM 19859
1:00 PM – 4:00 PM 19860
Aug 14 – Aug 18 8:00 AM – 1:00 PM 19861
1:00 PM – 4:00 PM 19862
Aug 21 – Aug 25 8:00 AM – 1:00 PM 19863
1:00 PM – 4:00 PM 19864
Aug 28 – Sep 01 8:00 AM – 1:00 PM 19865
1:00 PM – 4:00 PM 19866

Table Tennis

High Performance Camp

Ages 5 – 18 | UBC Tennis Centre | $201.96
Jul 04 – Jul 28 9:00 AM – 4:00 PM 19842
Jul 31 – Aug 04 9:00 AM – 4:00 PM 19843
Aug 08 – Aug 11 9:00 AM – 4:00 PM 19844
Aug 14 – Aug 18 9:00 AM – 4:00 PM 19845
Aug 21 – Aug 25 9:00 AM – 4:00 PM 19846
Aug 28 – Sep 01 9:00 AM – 4:00 PM 19847
Advanced Beach

This all-skills camp will focus on improving all facets of your technique and mental/physical approach to the beach-game, with emphasis put on not only skills, but also game play and strategy. On the beach there are no specializations like libero or setter, so every player must be capable of performing every skill. Beach training will also improve your indoor volleyball skills by building quick twitch muscle, improving your lateral foot speed, and vertical strength (bigger hops)! No sessions on statutory holidays, reduced rates apply.

Ages 13 – 17  |  UBC Wolfsen East  |  $189.00

Ultimate Advanced

This camp focuses on advanced skills such as the huck, flick, and layout! Improve your throwing and catching technique, get introduced to more advanced, specialized team strategy and game play. Cleats are recommended. No sessions on statutory holidays, reduced rates apply.

Ages 13 – 17  |  UBC Wolfsen East  |  $189.00

Ultimate Frisbee

Ultimate Beginner

Get started with a well-rounded introduction to Ultimate Frisbee! Learn the basics of throwing, catching, cutting, and defense. The camp will also work on your endurance, speed, agility, hand eye coordination, and most importantly, fun and an appreciation for the sport. Cleats are recommended. No sessions on statutory holidays, reduced rates apply.

Ages 8 – 12  |  UBC Wolfsen East  |  $189.00

Volleyball

Beginner Beach

Get started with a well-rounded introduction to beach-volleyball! This program is for those players that have had an introduction to the sport in elementary school or at volleyball clinics elsewhere. This full-day camp allows time for mini games and includes afternoon swimming at the UBC Aquatic Centre! Players will be divided into groups and curriculum geared towards ability. No sessions on statutory holidays, reduced rates apply.

Ages 6 – 13  |  Spanish Banks West  |  $190.00

Girls Only Junior T-Bird Volleyball Basic

Doug Reimer & Beathen Thomas Coaches, UBC Women’s Volleyball

This program is a skill, games, and fun-based camp for those players that have had an introduction to the sport in elementary school or at volleyball clinics elsewhere. This full-day camp allows time for mini games and includes afternoon swimming at the UBC Aquatic Centre! Players will be divided into groups and curriculum geared towards ability. Note: camp runs on statutory holidays.

Ages 10 – 13  |  SRC/War Memorial  |  $325.00

Track & Field

Track & Field Fundamentals

Get started with a well-rounded introduction to Track & Field. Learn the basics of sprints, hurdles, middle distance, jumping events, and throwing events. Mini games add excitement and friendly competition. You will also increase your fitness level and strength, which will benefit all your sporting activities. No sessions on statutory holidays, reduced rates apply.

Ages 8 – 13  
Rashpal Dhillon Track & Field  |  $170.00

Ultimate Frisbee

Ultimate Beginner

Get started with a well-rounded introduction to Ultimate Frisbee! Learn the basics of throwing, catching, cutting, and defense. The camp will also work on your endurance, speed, agility, hand eye coordination, and most importantly, fun and an appreciation for the sport. Cleats are recommended. No sessions on statutory holidays, reduced rates apply.

Ages 8 – 12  |  UBC Wolfsen East  |  $189.00

Ultimate Frisbee

Ultimate Advanced

This camp focuses on advanced skills such as the huck, flick, and layout! Improve your throwing and catching technique, get introduced to more advanced, specialized team strategy and game play. Cleats are recommended. No sessions on statutory holidays, reduced rates apply.

Ages 13 – 17  |  UBC Wolfsen East  |  $189.00

Volleyball

Beginner Beach

Get started with a well-rounded introduction to beach-volleyball! This program is for those players that have had an introduction to the sport in elementary school or at volleyball clinics elsewhere. This full-day camp allows time for mini games and includes afternoon swimming at the UBC Aquatic Centre! Players will be divided into groups and curriculum geared towards ability. No sessions on statutory holidays, reduced rates apply.

Ages 6 – 13  |  Spanish Banks West  |  $190.00

Girls Only Junior T-Bird Volleyball Basic

Doug Reimer & Beathen Thomas Coaches, UBC Women’s Volleyball

This program is a skill, games, and fun-based camp for those players that have had an introduction to the sport in elementary school or at volleyball clinics elsewhere. This full-day camp allows time for mini games and includes afternoon swimming at the UBC Aquatic Centre! Players will be divided into groups and curriculum geared towards ability. Note: camp runs on statutory holidays.

Ages 10 – 13  |  SRC/War Memorial  |  $325.00

Track & Field

Track & Field Fundamentals

Get started with a well-rounded introduction to Track & Field. Learn the basics of sprints, hurdles, middle distance, jumping events, and throwing events. Mini games add excitement and friendly competition. You will also increase your fitness level and strength, which will benefit all your sporting activities. No sessions on statutory holidays, reduced rates apply.

Ages 8 – 13  
Rashpal Dhillon Track & Field  |  $170.00

Ultimate Frisbee

Ultimate Beginner

Get started with a well-rounded introduction to Ultimate Frisbee! Learn the basics of throwing, catching, cutting, and defense. The camp will also work on your endurance, speed, agility, hand eye coordination, and most importantly, fun and an appreciation for the sport. Cleats are recommended. No sessions on statutory holidays, reduced rates apply.

Ages 8 – 12  |  UBC Wolfsen East  |  $189.00

Ultimate Frisbee

Ultimate Advanced

This camp focuses on advanced skills such as the huck, flick, and layout! Improve your throwing and catching technique, get introduced to more advanced, specialized team strategy and game play. Cleats are recommended. No sessions on statutory holidays, reduced rates apply.

Ages 13 – 17  |  UBC Wolfsen East  |  $189.00

Volleyball

Beginner Beach

Get started with a well-rounded introduction to beach-volleyball! This program is for those players that have had an introduction to the sport in elementary school or at volleyball clinics elsewhere. This full-day camp allows time for mini games and includes afternoon swimming at the UBC Aquatic Centre! Players will be divided into groups and curriculum geared towards ability. No sessions on statutory holidays, reduced rates apply.

Ages 6 – 13  |  Spanish Banks West  |  $190.00

Girls Only Junior T-Bird Volleyball Basic

Doug Reimer & Beathen Thomas Coaches, UBC Women’s Volleyball

This program is a skill, games, and fun-based camp for those players that have had an introduction to the sport in elementary school or at volleyball clinics elsewhere. This full-day camp allows time for mini games and includes afternoon swimming at the UBC Aquatic Centre! Players will be divided into groups and curriculum geared towards ability. Note: camp runs on statutory holidays.

Ages 10 – 13  |  SRC/War Memorial  |  $325.00

Track & Field

Track & Field Fundamentals

Get started with a well-rounded introduction to Track & Field. Learn the basics of sprints, hurdles, middle distance, jumping events, and throwing events. Mini games add excitement and friendly competition. You will also increase your fitness level and strength, which will benefit all your sporting activities. No sessions on statutory holidays, reduced rates apply.

Ages 8 – 13  
Rashpal Dhillon Track & Field  |  $170.00

Ultimate Frisbee

Ultimate Beginner

Get started with a well-rounded introduction to Ultimate Frisbee! Learn the basics of throwing, catching, cutting, and defense. The camp will also work on your endurance, speed, agility, hand eye coordination, and most importantly, fun and an appreciation for the sport. Cleats are recommended. No sessions on statutory holidays, reduced rates apply.

Ages 8 – 12  |  UBC Wolfsen East  |  $189.00

Ultimate Frisbee

Ultimate Advanced

This camp focuses on advanced skills such as the huck, flick, and layout! Improve your throwing and catching technique, get introduced to more advanced, specialized team strategy and game play. Cleats are recommended. No sessions on statutory holidays, reduced rates apply.

Ages 13 – 17  |  UBC Wolfsen East  |  $189.00

Volleyball

Beginner Beach

Get started with a well-rounded introduction to beach-volleyball! This program is for those players that have had an introduction to the sport in elementary school or at volleyball clinics elsewhere. This full-day camp allows time for mini games and includes afternoon swimming at the UBC Aquatic Centre! Players will be divided into groups and curriculum geared towards ability. No sessions on statutory holidays, reduced rates apply.

Ages 6 – 13  |  Spanish Banks West  |  $190.00

Girls Only Junior T-Bird Volleyball Basic

Doug Reimer & Beathen Thomas Coaches, UBC Women’s Volleyball

This program is a skill, games, and fun-based camp for those players that have had an introduction to the sport in elementary school or at volleyball clinics elsewhere. This full-day camp allows time for mini games and includes afternoon swimming at the UBC Aquatic Centre! Players will be divided into groups and curriculum geared towards ability. Note: camp runs on statutory holidays.

Ages 10 – 13  |  SRC/War Memorial  |  $325.00

Track & Field

Track & Field Fundamentals

Get started with a well-rounded introduction to Track & Field. Learn the basics of sprints, hurdles, middle distance, jumping events, and throwing events. Mini games add excitement and friendly competition. You will also increase your fitness level and strength, which will benefit all your sporting activities. No sessions on statutory holidays, reduced rates apply.

Ages 8 – 13  
Rashpal Dhillon Track & Field  |  $170.00

Ultimate Frisbee

Ultimate Beginner

Get started with a well-rounded introduction to Ultimate Frisbee! Learn the basics of throwing, catching, cutting, and defense. The camp will also work on your endurance, speed, agility, hand eye coordination, and most importantly, fun and an appreciation for the sport. Cleats are recommended. No sessions on statutory holidays, reduced rates apply.

Ages 8 – 12  |  UBC Wolfsen East  |  $189.00

Ultimate Frisbee

Ultimate Advanced

This camp focuses on advanced skills such as the huck, flick, and layout! Improve your throwing and catching technique, get introduced to more advanced, specialized team strategy and game play. Cleats are recommended. No sessions on statutory holidays, reduced rates apply.

Ages 13 – 17  |  UBC Wolfsen East  |  $189.00
Volleyball Fitness Fun Training
Train with our personal trainers at the BirdCoop Fitness Centre. This program teaches exercises in a fun, group atmosphere using fitness games and simple exercises designed to help enhance your sports performance in volleyball. Participants will focus on improving their speed, agility, reaction time, strength, flexibility, and cardiovascular endurance while reducing their risk of injury in a great group atmosphere.

No sessions on statutory holidays, reduced rates apply.

**Ages 7 – 17 | BirdCoop Fitness Centre | $175.00**

- **Jul 10 – Jul 14**
  - 9:00 AM – 12:00 PM 20528
  - 1:00 PM – 4:00 PM 20529

Watersports

Sailing & Canoeing Combo

**Provided by: MacSailing**

This program gives kids an introduction to sailing and canoeing in a safe and fun full-day camp. Lunch supervision included. Note: camp runs on statutory holidays.

**Ages 8 – 10 | Jericho Sailing Centre | $425.25**

- **Jun 19 – Jun 23** 9:00 AM – 4:00 PM 20215
- **Jun 26 – Jun 30** 9:00 AM – 4:00 PM 20337
- **Jul 03 – Jul 07** 9:00 AM – 4:00 PM 20338
- **Jul 10 – Jul 14** 9:00 AM – 4:00 PM 20340
- **Jul 17 – Jul 21** 9:00 AM – 4:00 PM 20341
- **Jul 31 – Aug 04** 9:00 AM – 4:00 PM 20342
- **Aug 07 – Aug 11** 9:00 AM – 4:00 PM 20343
- **Aug 14 – Aug 18** 9:00 AM – 4:00 PM 20344
- **Aug 21 – Aug 25** 9:00 AM – 4:00 PM 20345
- **Aug 28 – Sep 01** 9:00 AM – 4:00 PM 20346

**Ages 10 – 14 | Jericho Sailing Centre | $425.25**

- **Jul 10 – Jul 14** 9:00 AM – 4:00 PM 20340
- **Jul 17 – Jul 21** 9:00 AM – 4:00 PM 20341
- **Aug 14 – Aug 18** 9:00 AM – 4:00 PM 20347
- **Aug 28 – Sep 01** 9:00 AM – 4:00 PM 20350
Double the adventure. Double the camps. Double the fun.

Sign up with a friend!
Adventures Abound is back for summer 2017 with twice as many available spots. SEE PAGE 5 FOR MORE INFORMATION.

Wind Surfing & Skimboarding or SUP Watersports Combo

Provided by: Windsure Adventure Watersports

In this camp, participants will enjoy various water activities such as stand-up paddleboarding, skimboarding, windsurfing (must weigh at least 80 lbs.) and other engaging beach activities at Jericho. This program runs in partnership with MacSailing. Note: camp runs on statutory holidays.

Ages 12 – 18 | Jericho Sailing Centre | $390.60

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jun 26 – Jun 30</td>
<td>9:00 AM – 4:00 PM</td>
<td>20277</td>
</tr>
<tr>
<td>Jul 03 – Jul 07</td>
<td>9:00 AM – 4:00 PM</td>
<td>20278</td>
</tr>
<tr>
<td>Jul 10 – Jul 14</td>
<td>9:00 AM – 4:00 PM</td>
<td>20279</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>9:00 AM – 4:00 PM</td>
<td>20280</td>
</tr>
<tr>
<td>Jul 31 – Aug 04</td>
<td>9:00 AM – 4:00 PM</td>
<td>20281</td>
</tr>
</tbody>
</table>

Wind Surfing and Stand Up Paddleboarding Combo

Provided by: Windsure Adventure Watersports

In this camp participants will enjoy windsurfing (must weigh at least 80 lbs.) and stand-up paddleboarding, as well as engage in other fun beach activities at Jericho. This program runs in partnership with MacSailing. Note: camp runs on statutory holidays.

Ages 12 – 18 | Jericho Sailing Centre | $390.60

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jun 26 – Jun 30</td>
<td>9:00 AM – 4:00 PM</td>
<td>20225</td>
</tr>
<tr>
<td>Jul 03 – Jul 07</td>
<td>9:00 AM – 4:00 PM</td>
<td>20231</td>
</tr>
<tr>
<td>Jul 10 – Jul 14</td>
<td>9:00 AM – 4:00 PM</td>
<td>20238</td>
</tr>
<tr>
<td>Jul 17 – Jul 21</td>
<td>9:00 AM – 4:00 PM</td>
<td>20239</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>9:00 AM – 4:00 PM</td>
<td>20246</td>
</tr>
<tr>
<td>Jul 31 – Aug 04</td>
<td>9:00 AM – 4:00 PM</td>
<td>20187</td>
</tr>
</tbody>
</table>

Skimboarding & Stand Up Paddling Watersports Combo

Provided by: Windsure Adventure Watersports

In this camp, participants experience the best of skimboarding (dependent on tides) and stand-up paddleboarding! This program runs in partnership with MacSailing. Note: camp runs on statutory holidays.

Ages 8 – 18 | Jericho Sailing Centre | $346.50

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jun 26 – Jun 30</td>
<td>9:00 AM – 4:00 PM</td>
<td>20236</td>
</tr>
<tr>
<td>Jul 03 – Jul 07</td>
<td>9:00 AM – 4:00 PM</td>
<td>20270</td>
</tr>
<tr>
<td>Jul 10 – Jul 14</td>
<td>9:00 AM – 4:00 PM</td>
<td>20271</td>
</tr>
<tr>
<td>Jul 17 – Jul 21</td>
<td>9:00 AM – 4:00 PM</td>
<td>20272</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>9:00 AM – 4:00 PM</td>
<td>20273</td>
</tr>
<tr>
<td>Jul 31 – Aug 04</td>
<td>9:00 AM – 4:00 PM</td>
<td>20274</td>
</tr>
</tbody>
</table>

Jericho Watersports Combo

Provided by: Windsure Adventure Watersports and MacSailing

Operating from the Jericho Sailing Centre, this program provides kids with an introduction to a number of water sports and activities over the course of a week. Lunch supervision included. Note: camp runs on statutory holidays.

Ages 8 – 10 | Jericho Sailing Centre | $425.25

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jun 26 – Jun 30</td>
<td>9:00 AM – 4:00 PM</td>
<td>20162</td>
</tr>
<tr>
<td>Jul 17 – Jul 21</td>
<td>9:00 AM – 4:00 PM</td>
<td>20331</td>
</tr>
<tr>
<td>Jul 31 – Aug 04</td>
<td>9:00 AM – 4:00 PM</td>
<td>20333</td>
</tr>
<tr>
<td>Aug 07 – Aug 11</td>
<td>9:00 AM – 4:00 PM</td>
<td>20336</td>
</tr>
<tr>
<td>Aug 14 – Aug 18</td>
<td>9:00 AM – 4:00 PM</td>
<td>20334</td>
</tr>
<tr>
<td>Aug 21 – Aug 25</td>
<td>9:00 AM – 4:00 PM</td>
<td>20335</td>
</tr>
</tbody>
</table>

Ages 11 – 14 | Jericho Sailing Centre | $425.25

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jun 26 – Jun 30</td>
<td>9:00 AM – 4:00 PM</td>
<td>20225</td>
</tr>
<tr>
<td>Jul 17 – Jul 21</td>
<td>9:00 AM – 4:00 PM</td>
<td>20231</td>
</tr>
<tr>
<td>Jul 31 – Aug 04</td>
<td>9:00 AM – 4:00 PM</td>
<td>20233</td>
</tr>
<tr>
<td>Aug 07 – Aug 11</td>
<td>9:00 AM – 4:00 PM</td>
<td>20236</td>
</tr>
<tr>
<td>Aug 14 – Aug 18</td>
<td>9:00 AM – 4:00 PM</td>
<td>20234</td>
</tr>
<tr>
<td>Aug 21 – Aug 25</td>
<td>9:00 AM – 4:00 PM</td>
<td>20235</td>
</tr>
</tbody>
</table>

Windsurfing & Skimboarding or SUP Watersports Combo

Provided by: Windsure Adventure Watersports

In this camp, participants enjoy various water activities such as stand-up paddleboarding, windsurfing (must weigh at least 80 lbs.) and other engaging beach activities at Jericho. This program runs in partnership with MacSailing. Note: camp runs on statutory holidays.

Ages 12 – 18 | Jericho Sailing Centre | $390.60

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jun 26 – Jun 30</td>
<td>9:00 AM – 4:00 PM</td>
<td>20225</td>
</tr>
<tr>
<td>Jul 03 – Jul 07</td>
<td>9:00 AM – 4:00 PM</td>
<td>20231</td>
</tr>
<tr>
<td>Jul 10 – Jul 14</td>
<td>9:00 AM – 4:00 PM</td>
<td>20238</td>
</tr>
<tr>
<td>Jul 17 – Jul 21</td>
<td>9:00 AM – 4:00 PM</td>
<td>20239</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>9:00 AM – 4:00 PM</td>
<td>20246</td>
</tr>
<tr>
<td>Jul 31 – Aug 04</td>
<td>9:00 AM – 4:00 PM</td>
<td>20187</td>
</tr>
</tbody>
</table>

Double the adventure. Double the camps. Double the fun.
Windsurfing

Windsurfing Camps

Provided by: Windsure Adventure Watersports

Windsurfing camps are recommended for youth 12 years or older, and/or weighing at least 80lbs (36kg). An active, on-the-water rescue team is available during all lessons. Safety is the main priority at Windsure. Lessons include the use of a complete sailboard, wetsuit, and life-jacket. Note: camp runs on statutory holidays.

LEVEL 1
Ages 12 – 18 | Jericho Sailing Centre | $240.45

<table>
<thead>
<tr>
<th>Dates</th>
<th>Times</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jun 26 – Jun 30</td>
<td>9:00 AM - 12:00 PM</td>
<td>20080</td>
</tr>
<tr>
<td></td>
<td>1:00 PM - 4:00 PM</td>
<td>20089</td>
</tr>
<tr>
<td>Jul 03 – Jul 07</td>
<td>9:00 AM - 12:00 PM</td>
<td>20079</td>
</tr>
<tr>
<td></td>
<td>1:00 PM - 4:00 PM</td>
<td>20090</td>
</tr>
<tr>
<td>Jul 10 – Jul 14</td>
<td>9:00 AM - 12:00 PM</td>
<td>20081</td>
</tr>
<tr>
<td></td>
<td>1:00 PM - 4:00 PM</td>
<td>20091</td>
</tr>
<tr>
<td>Jul 17 – Jul 21</td>
<td>9:00 AM - 12:00 PM</td>
<td>20082</td>
</tr>
<tr>
<td></td>
<td>1:00 PM - 4:00 PM</td>
<td>20092</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>9:00 AM - 12:00 PM</td>
<td>20083</td>
</tr>
<tr>
<td></td>
<td>1:00 PM - 4:00 PM</td>
<td>20093</td>
</tr>
</tbody>
</table>

LEVEL 2
Ages 12 – 18 | Jericho Sailing Centre | $261.45

<table>
<thead>
<tr>
<th>Dates</th>
<th>Times</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jun 26 – Jun 30</td>
<td>1:00 PM - 4:00 PM</td>
<td>20084</td>
</tr>
<tr>
<td>Jul 03 – Jul 07</td>
<td>1:00 PM - 4:00 PM</td>
<td>20085</td>
</tr>
<tr>
<td>Jul 10 – Jul 14</td>
<td>1:00 PM - 4:00 PM</td>
<td>20086</td>
</tr>
<tr>
<td>Jul 17 – Jul 21</td>
<td>1:00 PM - 4:00 PM</td>
<td>20087</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>1:00 PM - 4:00 PM</td>
<td>20088</td>
</tr>
<tr>
<td>Aug 07 – Aug 11</td>
<td>1:00 PM - 4:00 PM</td>
<td>20089</td>
</tr>
<tr>
<td>Aug 14 – Aug 18</td>
<td>1:00 PM - 4:00 PM</td>
<td>20090</td>
</tr>
</tbody>
</table>

Yoga

Yoga & The Outdoors

This camp exposes youth to yoga poses, philosophy, and relaxation techniques in an outdoor environment. Body/mind/heart benefits of Hatha yoga will be integrated with traditional, fun summer camp activities for an exciting, rejuvenating week!

Ages 8 – 12 | SRC Studio | $175.00

<table>
<thead>
<tr>
<th>Dates</th>
<th>Times</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug 21 – Aug 25</td>
<td>1:00 PM - 4:00 PM</td>
<td>20094</td>
</tr>
<tr>
<td>Aug 28 – Sep 01</td>
<td>1:00 PM - 4:00 PM</td>
<td>20095</td>
</tr>
</tbody>
</table>

Youth Yoga

Yoga is very useful as a sport recovery tool as well as a mental practice. This program is appropriate for those who consider themselves “athletes” and those who are looking for a recreational outlet. No sessions on statutory holidays, reduced rates apply.

Ages 13 – 18
John M.S. Lecky UBC Boathouse | $125.75

<table>
<thead>
<tr>
<th>Dates</th>
<th>Times</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 04 – Jul 07</td>
<td>9:30 AM - 11:00 AM</td>
<td>20096</td>
</tr>
<tr>
<td>Jul 17 – Jul 21</td>
<td>9:30 AM - 11:00 AM</td>
<td>20097</td>
</tr>
<tr>
<td>Jul 31 – Aug 04</td>
<td>9:30 AM - 11:00 AM</td>
<td>20098</td>
</tr>
<tr>
<td>Aug 14 – Aug 18</td>
<td>9:30 AM - 11:00 AM</td>
<td>20099</td>
</tr>
<tr>
<td>Aug 28 – Sep 01</td>
<td>9:30 AM - 11:00 AM</td>
<td>20100</td>
</tr>
</tbody>
</table>
PARKING INFORMATION

1. Check your pre-camp e-mail for your parking code.

2. Locate your assigned parking location (either on this map, on the back cover, or by visiting ubc.parking.ca).

3. Park your vehicle and don’t forget to validate your parking by using the provided 30 minute coupon code before leaving the lot:
   a. Enter license plate and press enter
   b. Select “Summer Camps”
   c. Enter parking code and press enter
   d. Select receipt options

4. Please note that any parking disputes are handled directly by UBC Parking Services: 604.822.6786.

NEW North Campus Drop-Off
For camps that take place on the north side of campus, campers will check in at the Sub North Plaza and be led by their instructors to their camp location. Pick-up for these camps will also occur at Sub North Plaza.

Look for complete details in your pre-camp email.

Fall programming information available online May 1, 2017 at camps.ubc.ca

CONTINUE YOUR SUMMER EXPERIENCE THROUGHOUT THE YEAR!

CONTINUE YOUR SUMMER EXPERIENCE THROUGHOUT THE YEAR!

NEW North Campus Drop-Off
For camps that take place on the north side of campus, campers will check in at the Sub North Plaza and be led by their instructors to their camp location. Pick-up for these camps will also occur at Sub North Plaza.

Look for complete details in your pre-camp email.

CONTINUE YOUR SUMMER EXPERIENCE THROUGHOUT THE YEAR!

NEW North Campus Drop-Off
For camps that take place on the north side of campus, campers will check in at the Sub North Plaza and be led by their instructors to their camp location. Pick-up for these camps will also occur at Sub North Plaza.

Look for complete details in your pre-camp email.
EXTRA CARE SERVICES
Extra Care Services

Before Care
The additional care services offer families more flexibility in dropping off and picking up their children at UBC. During this time, children will take part in supervised mini activities. Available for select on-campus programs only. No sessions on statutory holidays, reduced rates apply.

Ages 5 – 16 | Various Locations | $37.00

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Location ID</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 04 – Jul 07</td>
<td>8:00 AM – 9:00 AM</td>
<td>19488</td>
</tr>
<tr>
<td>Jul 10 – Jul 14</td>
<td>8:00 AM – 9:00 AM</td>
<td>19489</td>
</tr>
<tr>
<td>Jul 17 – Jul 21</td>
<td>8:00 AM – 9:00 AM</td>
<td>19490</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>8:00 AM – 9:00 AM</td>
<td>19491</td>
</tr>
<tr>
<td>Jul 31 – Aug 04</td>
<td>8:00 AM – 9:00 AM</td>
<td>19492</td>
</tr>
<tr>
<td>Aug 08 – Aug 11</td>
<td>8:00 AM – 9:00 AM</td>
<td>19493</td>
</tr>
<tr>
<td>Aug 14 – Aug 18</td>
<td>8:00 AM – 9:00 AM</td>
<td>19494</td>
</tr>
<tr>
<td>Aug 21 – Aug 25</td>
<td>8:00 AM – 9:00 AM</td>
<td>19495</td>
</tr>
<tr>
<td>Aug 28 – Sep 01</td>
<td>8:00 AM – 9:00 AM</td>
<td>19496</td>
</tr>
</tbody>
</table>

Lunch Service
Lunch Service will provide your child with a nutritious and delicious lunch to give them the energy they need for their afternoon program. There is a different meal for each day of the week. Please note that in order to register for Lunch Service, your child must also be enrolled in Lunch Supervision. No sessions on statutory holidays, reduced rates apply.

Ages 5 – 16 | Various Locations | $55.00

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Location ID</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 04 – Jul 07</td>
<td>12:00 PM – 1:00 PM</td>
<td>19520</td>
</tr>
<tr>
<td>Jul 10 – Jul 14</td>
<td>12:00 PM – 1:00 PM</td>
<td>19521</td>
</tr>
<tr>
<td>Jul 17 – Jul 21</td>
<td>12:00 PM – 1:00 PM</td>
<td>19522</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>12:00 PM – 1:00 PM</td>
<td>19523</td>
</tr>
<tr>
<td>Jul 31 – Aug 04</td>
<td>12:00 PM – 1:00 PM</td>
<td>19524</td>
</tr>
<tr>
<td>Aug 08 – Aug 11</td>
<td>12:00 PM – 1:00 PM</td>
<td>19525</td>
</tr>
<tr>
<td>Aug 14 – Aug 18</td>
<td>12:00 PM – 1:00 PM</td>
<td>19526</td>
</tr>
<tr>
<td>Aug 21 – Aug 25</td>
<td>12:00 PM – 1:00 PM</td>
<td>19527</td>
</tr>
<tr>
<td>Aug 28 – Sep 01</td>
<td>12:00 PM – 1:00 PM</td>
<td>19528</td>
</tr>
</tbody>
</table>

After Care
The additional-care services offer families more flexibility in dropping off and picking up their children at UBC. During this time, children will take part in supervised mini activities. Available for select on-campus programs only. No sessions on statutory holidays, reduced rates apply.

Ages 5 – 16 | Various Locations | $42.00

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Location ID</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 04 – Jul 07</td>
<td>4:00 PM – 5:30 PM</td>
<td>19508</td>
</tr>
<tr>
<td>Jul 10 – Jul 14</td>
<td>4:00 PM – 5:30 PM</td>
<td>19509</td>
</tr>
<tr>
<td>Jul 17 – Jul 21</td>
<td>4:00 PM – 5:30 PM</td>
<td>19510</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>4:00 PM – 5:30 PM</td>
<td>19511</td>
</tr>
<tr>
<td>Jul 31 – Aug 04</td>
<td>4:00 PM – 5:30 PM</td>
<td>19512</td>
</tr>
<tr>
<td>Aug 08 – Aug 11</td>
<td>4:00 PM – 5:30 PM</td>
<td>19513</td>
</tr>
<tr>
<td>Aug 14 – Aug 18</td>
<td>4:00 PM – 5:30 PM</td>
<td>19514</td>
</tr>
<tr>
<td>Aug 21 – Aug 25</td>
<td>4:00 PM – 5:30 PM</td>
<td>19515</td>
</tr>
<tr>
<td>Aug 28 – Sep 01</td>
<td>4:00 PM – 5:30 PM</td>
<td>19516</td>
</tr>
</tbody>
</table>

Lunch Supervision
UBC Camps is pleased to offer you our Lunch Supervision program. During this time, children will be able to eat their lunch in a safe, supervised environment. We will also look after transporting your child from their morning program to their afternoon program. Available for select on-campus programs only. No sessions on statutory holidays, reduced rates apply.

Ages 5 – 16 | Various Locations | $37.00

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Location ID</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jul 04 – Jul 07</td>
<td>12:00 PM – 1:00 PM</td>
<td>19508</td>
</tr>
<tr>
<td>Jul 10 – Jul 14</td>
<td>12:00 PM – 1:00 PM</td>
<td>19509</td>
</tr>
<tr>
<td>Jul 17 – Jul 21</td>
<td>12:00 PM – 1:00 PM</td>
<td>19510</td>
</tr>
<tr>
<td>Jul 24 – Jul 28</td>
<td>12:00 PM – 1:00 PM</td>
<td>19511</td>
</tr>
<tr>
<td>Jul 31 – Aug 04</td>
<td>12:00 PM – 1:00 PM</td>
<td>19512</td>
</tr>
<tr>
<td>Aug 08 – Aug 11</td>
<td>12:00 PM – 1:00 PM</td>
<td>19513</td>
</tr>
<tr>
<td>Aug 14 – Aug 18</td>
<td>12:00 PM – 1:00 PM</td>
<td>19514</td>
</tr>
<tr>
<td>Aug 21 – Aug 25</td>
<td>12:00 PM – 1:00 PM</td>
<td>19515</td>
</tr>
<tr>
<td>Aug 28 – Sep 01</td>
<td>12:00 PM – 1:00 PM</td>
<td>19516</td>
</tr>
</tbody>
</table>

Your Customized Week at Camp!
Combine a morning and afternoon program by adding Lunch Supervision, so you can custom-build a full-day of camps for your child. If early drop-off and late pick-up are needed, Before Care and After Care services are available. Once you’ve selected your camps and your Extra Care requirements, taking note of your course IDs, you’re ready to register!

Summer 2017 | camps.ubc.ca | 604.822.1540
Camps Planning Worksheet

<table>
<thead>
<tr>
<th>Camper 1</th>
<th>Course ID</th>
<th>Camp Name</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Camper 2</th>
<th>Course ID</th>
<th>Camp Name</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Camper 3</th>
<th>Course ID</th>
<th>Camp Name</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Unsure which camps best suit your child?
Check out our popular pairings by visiting [camps.ubc.ca/popular-pairings](http://camps.ubc.ca/popular-pairings)
or contact us at 604.822.1540 for assistance designing a week that meets your needs.
<table>
<thead>
<tr>
<th>Program and Area</th>
<th>Ages</th>
<th>ID</th>
</tr>
</thead>
<tbody>
<tr>
<td>Waterports</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aquatics</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Baking</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Baby Thunderbird</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Babysitter Training</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Communication</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Drama</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Drama</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
<tr>
<td>English Language</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
How do I submit my consent form in advance? When registering in person, you will sign and complete your camp-specific consent form. Any additional or third party consent forms will be sent to you in your pre-camp e-mail and should be brought with you on your first day of camp. For registration completed online for camps run directly through UBC Athletics & Recreation, your consent form will have been completed at the time of registration. If you completed your registration online for a camp that is run in partnership with UBC Athletics & Recreation, you will need to fill out a separate third party consent form, found on our website. A scanned copy of the form(s) can be emailed to ubc.camps@ubc.ca or dropped off in-person. We strongly recommend consent forms be completed prior to the first day of camp. Please note: if you have registered for an Adventures Abound, Adventure Add-on, or enrichment program there will be additional third party consent forms sent in your pre-camp e-mail.

I have submitted a consent form for one of the camps, do I have to submit consent forms for other registered camps as well? Yes, you do. Due to the variety of camps, each set of consent forms are tailored to the specific activities campers will participate in. Every camp requires the submission of its own consent form—even if your child is taking two camps in one week!

What is the difference between Lunch Supervision and Lunch Service? Lunch Supervision offers campers an hour to eat, play and rest between 12pm and 1pm under the care of UBC Camps Staff. Staff will also ensure safe transfer between camps and lunch. Food is not provided—parents are responsible for packing lunch. Lunch Service provides campers with a healthy and delicious lunch that will keep them going for the rest of the day. Lunch Supervision is required for enrollment for Lunch Service. Please note: some camps are not eligible for lunch service. Please call the office for details.

How do I get my parking code? Your parking code and assigned location will be emailed to you on your first day of camp in our pre-camp email. UBC parking locations are marked in blue on the campus map at the back of this guide, or at camps.ubc.ca.

What will my child need to bring with them to camp? Things your child will need for an optimal camp experience will vary greatly depending on their registered program. A list of recommended items is included in your pre-camp email, sent the Thursday or Friday before camp begins.

My child is mature for their age—why can’t they register for the higher age group? For every camper’s comfort and safety we do not permit participants to register for programs outside of their age bracket.

How do I receive my CSC/UNA discount? To receive your 10% CSC/UNA discount you must register in person at the UBC Camps HQ and provide your CSC/UNA identification card. Please note that exceptions apply.

Is there a discount for staff and faculty? Yes! UBC staff and faculty are entitled to a 5% discount. In order to receive this discount staff and faculty must first register at the full price, and then submit an online form to apply for a refund, available at camps.ubc.ca. Please note that exceptions apply.

I want my children to stay together during their camp, how can I do that? Unfortunately, we cannot guarantee your children will participate in every camp activity together. UBC Camps provides a welcoming environment for youth to safely step beyond their comfort zone and make new friends. We encourage siblings to interact with other campers for a more well-rounded experience, learning to work with their peers and develop new relationships.
PLAN YOUR SUMMER WITH UBC CAMPS

1. Select your dates.
2. Select your camps, noting course IDs.
3. Add lunch supervision if not provided by chosen camps.
4. Consider whether you need before or after care.
5. Register!

CONTACT US TO REGISTER:

ONLINE
 camps.ubc.ca

IN PERSON
NEW UBC Camps Headquarters
Opening June 1, 2017
National Soccer Development Centre
3055 Wesbrook Mall
Vancouver BC, V6T 1Z3
Office hours Monday – Friday 9:00 AM – 4:30 PM

Use the week-by-week schedule inside this foldout to build your summer camp itinerary.
Write your selections on the Camps Planning Worksheet for quick reference during registration!
Please note that UBC Camps no longer accepts registration by fax or mail.

Tips for a Stress-free First Day at Summer Camp

✓ Register early! Camps fill up quickly and the best way to guarantee your spot is to sign up in advance to avoid disappointment. See page 3 for additional information about how to register.
✓ Read your pre-camp email! On the Thursday or Friday before your camp is scheduled to begin you will receive an important email from us. It will include: camp location, complimentary parking code, a list of items that your camper should bring, along with other important information. Read this email carefully to ensure you have all the information you need to have a flawless first day at camp.
✓ Plan your parking! We provide a complimentary parking code for picking-up and dropping-off your camper at UBC. Parking codes are valid at designated locations only, so be sure to review the campus map (available online and on the back of this guide) to find your drop-off and pick-up locations. Parking codes are included in pre-camp e-mails. Remember to give yourself extra time to navigate construction areas.
✓ Ask questions! Planning for a summer of fun and adventure can be challenging. If you are unsure about camp details or simply need advice on which programs best suit your campers’ interests, please get in touch and we’ll be happy to answer any questions!
Parking and sign-in location information will be sent to you in your pre-camp email. For additional information, see page 37 in this guide.