Choose Your Intramural Team

**STEP 1**

- **Competitive**
  - Competitive teams are eligible for advancements, finals, and ultimately the winning of an intramural championship shirt!
  
  - Go to step 2, 3 and 4

- **Just for Fun**
  - Just for Fun teams are for trying something new, or if you just want to have fun outside of a competitive atmosphere. Teams do not qualify for advancements or championships, and in leagues they are not officiated.

  - Go to step 4

**Competitive Categories**

- **OPEN/MENS**
  - Men, Women, Two-Spirit, Trans, Gender Non-Conforming
  - This category welcomes all individuals to participate regardless of gender.

- **WOMENS (W2STGN)**
  - Women, Two-Spirit, Trans, Gender Non-Conforming
  - This category welcomes participation by those who self-identify as women, Two-Spirit, trans and gender non-conforming.

- **COREC**
  - Men, Women, Two-Spirit, Trans, Gender Non-Conforming
  - This category welcomes all individuals to participate regardless of gender; however, teams must adhere to a maximum number of self-identified men.

**STEP 2**

- UBC strives to build a respectful and welcoming environment for all participants to enhance well-being, participation and a sense of community on campus through opportunities in Athletics and Recreation. We acknowledge gender identity and gender expression as a spectrum. If you have further questions about our competitive team categories, please visit our Building a Respectful and Welcoming Environment in Recreation page: [www.recreation.ubc.ca/inclusive-reg](http://www.recreation.ubc.ca/inclusive-reg)

**STEP 3**

- **TIER 1**
  - Highest Level of Competition.
  - All games are officiated except Ultimate (which is never officiated).
  - Players should have significant experience in this sport.

- **TIER 2**
  - Middle Level of Competition.
  - Available in all leagues, but not necessarily all categories.
  - All games are officiated except Ultimate (which is never officiated).
  - Players should have moderate to high experience in this sport.

- **TIER 3**
  - Lowest Level of Competition.
  - Not available in all leagues.
  - Players can be beginners, but some basic understanding of the sport is recommended.
  - All games are officiated with the exception of Volleyball (which are only officiated in playoffs).

**STEP 4**

- **UBC Community Affiliations**
  - All teams can compete as a Divisional team or a Campus Wide team.

- **Divisional Teams**
  - Compete with Other People from your Faculty, Sorority, Fraternity, Residence or Collegia.
  - Divisional Teams represent specific groups of people or units on campus. Representing a unit on a divisional team allows that unit to accumulate points over the course of the year and earn awards at the end of the year.

- **Campus Wide Teams**
  - Compete with any Eligible Person, Regardless of Unit.
  - Team performance is not tracked across multiple leagues, competitions, or events.

**Participating in Intramural Events? Go to step 4**